

Texas Health Community Health Improvement (CHI)

Mobile Health

Achievements | 2023



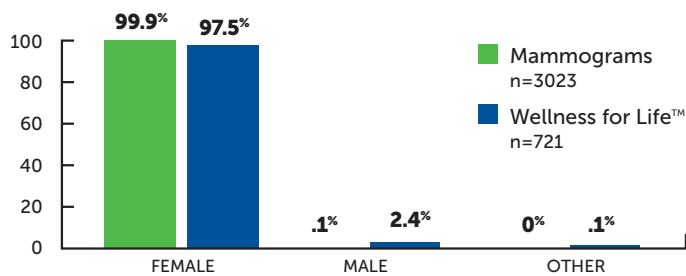
PROGRAM OBJECTIVE

The Mobile Health program aims to improve access to quality preventive care services to adults 18+ years across Texas Health's service areas. The program provides chronic disease management services and screening services, including mammograms, well female and male exams and colon cancer screenings.

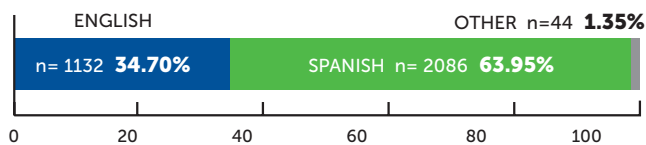
STATEMENT OF NEED* – Mobile Health Clinics (MHCs) have been cited as a viable and valuable model because of their ability to straddle between community-based and clinical settings, thereby enabling them to develop essential networks to address both the social and medical determinants of an individual's health. There is also evidence that MHCs are associated with reducing costs for avoidable ED visits, reducing readmission rates and reducing hospitalization length of stay. The Mobile Health Units traditionally service the same sites month after month to provide services to high need areas. Patients are seen across the several service types offered, including Mammograms, Wellness for Life (WFL), and Healthy Education Lifestyles Program (HELP). The WFL program provides colon cancer screenings, well female and well man exams, including cervical cancer screenings, and blood work to test for diabetes and cholesterol. The Mammogram service type provides mammograms and breast cancer screening services for women. Lastly, HELP provides chronic disease management services to uninsured patients. This year the Mobile Health Program across all three service lines has seen 3,262 patients across North Texas.

Demographic of People Served

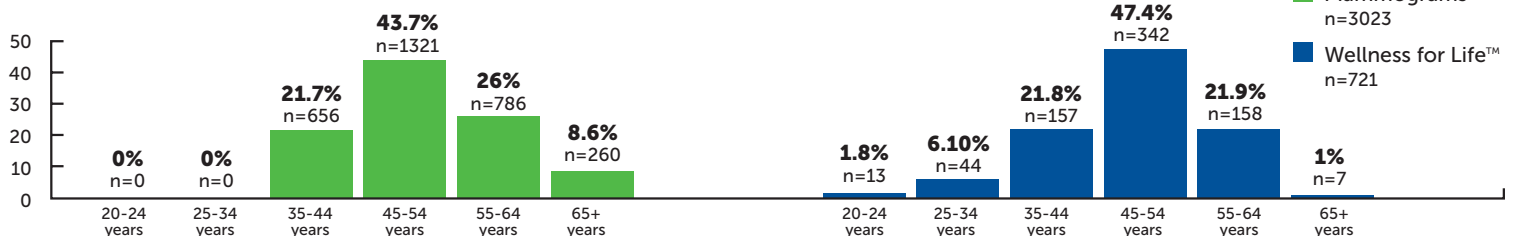
GENDER DISTRIBUTION



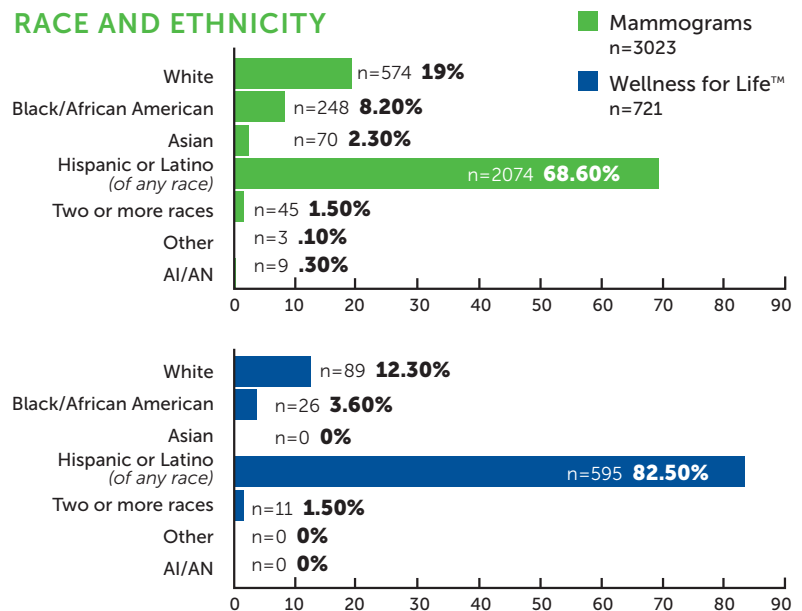
PATIENT'S PREFERRED LANGUAGE



AGE GROUP BREAKDOWN



RACE AND ETHNICITY



* Statement of Need sources: Yu, S.W.Y., Hill, C., Ricks, M.L., Bennet J., & Oriol, N.E. (2017). The scope and impact of mobile health clinics in the United States: A literature review; International Journal of Equity Health, 16, Doi: 10.1186/s12939-017-0671-2

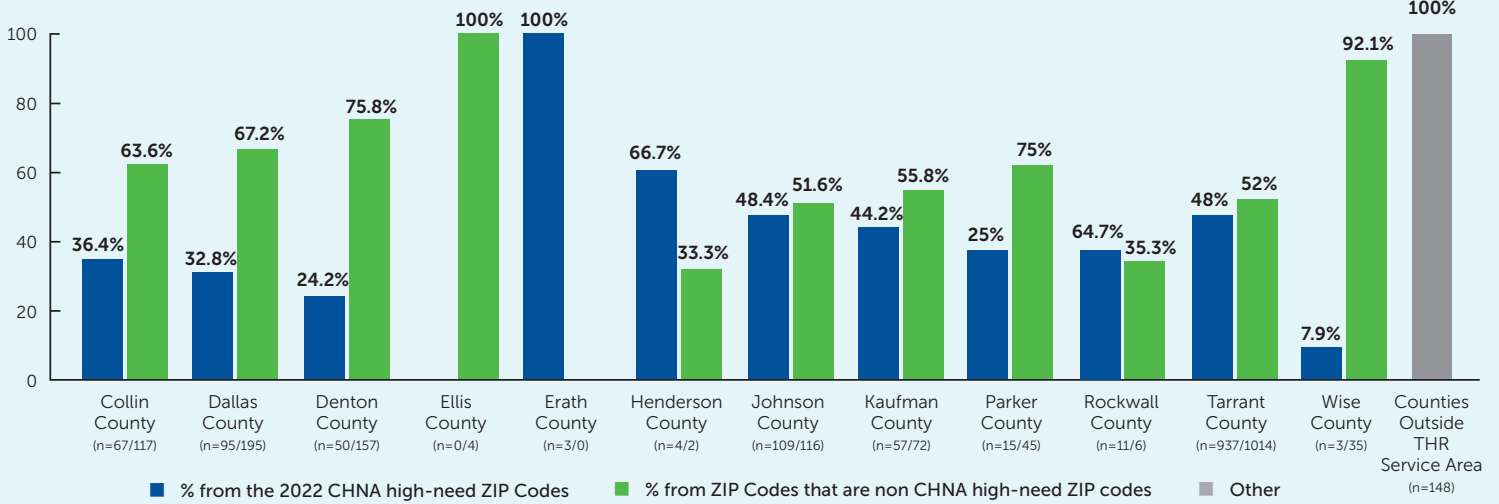


To learn more about our community health improvement programs, please email us at THRCHI@TexasHealth.org



Mobile Health

PEOPLE SERVED BY COUNTY**



3,262

Number of patients that were provided services across the North Texas region**

99.26%

Percentage of female patients served**

42.61%

Percentage of patients served between the ages of 45-54 years old**

69.34%

Percentage identified as Hispanic/Latino**

1,387

Number of individuals served who resided in a CHNA-designated, high-need ZIP Code**

2,514

Number of grant-funded patients served**



Activities/Output**

2,491

New patients

60%

Mobile site visits that were made in a high need ZIP Code (n=210)

43

Patients identified with pre-diabetes

21

Patients identified with diabetes

290

Patients identified with Hypertension



Outcomes

Aligned Healthy People 2030 Objectives - Health Conditions

Cancer - reduce new cases of cancer and cancer-related illness, disability, and death.

■ Mammograms

■ Wellness for Life™

97.0%
n=3023

Eligible females screened for breast cancer

72%
n=179

Females with abnormal screening returned for diagnostic procedure

89.4%

Patient satisfaction

57%
n=142

Eligible patients returned their fecal immunochemical test (FIT)

90.35%
n=142

Eligible adults gained access to colorectal cancer screening

4.2%
n=6

Eligible patients with abnormal colorectal cancer screening results referred for diagnostics

74.81%
n=607

Eligible females screened for cervical cancer

2.8%
n=17

Eligible females with abnormal pap exams referred for diagnostics

93.8%

Patient satisfaction

**Combined data on patients seen in both service lines of mammogram/wellness for life Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources. ©2024 Texas Health Resources