

# InTouch



TEXAS HEALTH RESOURCES FOUNDATION

WINTER 2018

**Breaking Down Barriers to Care: Healthy Education and Lifestyle Program**

**Texas Health Allen Announces \$68 Million Expansion**

► Donor Spotlight: First Donor Appreciation Dinner

► Health Shots: Black & White Gala, Golf Tournament, Levis and Lace Reception, Black Tie Ball Reception

# Dear Friends

The winter issue of *In Touch* magazine always provides an opportunity to express our gratitude to you, our donors, and those who support Texas Health Resources' mission in countless ways throughout the year. Your collective generosity clearly shines through these pages with stories of selfless giving through your time and treasures, providing necessary services to the underserved and coming together on one momentous day of giving to help fill the gaps of the greatest needs of our health system.

Thanks to our supporters, we ranked number five among all participating nonprofits in funds raised on North Texas Giving Day – raising \$491,100. This speaks volumes to the giving spirit of the North Texas community and those who loyally support Texas Health Resources. Another great example of the community coming together can be found on page 7 in our Your Gift at Work section. Through donor support, Texas Health Dallas recently purchased a mobile health unit to make prevention screening services more accessible to Dallas-area communities.

With your help and Texas Health's commitment to improving the health of the people in our communities, we are reaching even farther to assist more North Texans in need. Our feature story focuses on the great work being done through our system's Healthy Education and Lifestyle Program (HELP) and the expansion of this program to provide even more patients with chronic conditions the support and resources to effectively address their health needs.

All we do would not be possible without you. In recognition of our gratitude, be sure to check out page 9 to see photos from our first Donor Appreciation Dinner as we honored the philanthropic leadership of our gracious constituents.

On behalf of everyone at the Texas Health Resources Foundation, we look forward to our continued partnership with our loyal supporters. We hope you have a wonderful holiday season.

Sincerely,



**James K. (Jay) McAuley**  
President  
Texas Health Resources Foundation



**Bill M. Lamkin**  
Chair, Board of Trustees  
Texas Health Resources Foundation





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that heal.

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At Texas Health Resources, we understand the healing power of music. It can help put patients at ease before surgery, reduce their pain afterward and soothe newborn babies in neonatal intensive care.

Through the Texas Health 365 Fund, we are striving to bring music therapy to more patients across North Texas. Please consider making a gift today, and help make a lasting impact in the lives of people in our community.

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# Heard Around the System

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*We work hard to keep our mailing list updated. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.*

“My daughter had to come through the ER in May. From the initial hospitalist to the nurses, techs, nutritionist and even food service, we could not have asked for a better care plan! Being from Dallas and very familiar with Baylor downtown, through three family members passing from cancer at various hospitals around North Texas, I would rank this as one of the top two in my lifetime. Thank you for investing your time and resources into this community in the most positive way! Would love all the staff that cared for my daughter to know how much it meant to me and her whole family! Thank you again, and God bless.”

— Texas Health Harris Methodist Hospital  
Hurst-Euless-Bedford

“I was admitted for respiratory distress and AFib in January. I want to thank each and every one of the hospital staff that treated me, from the ER to discharge. I was treated with the utmost professionalism and compassion. I and my family were kept well informed of what was happening and procedures being implemented to achieve positive results. I can’t possibly remember each of your names, but please know how grateful I am to be at home with my family today. May God bless you and thank you.”

— Texas Health Harris Methodist  
Hospital Cleburne

“I would like to take a second and let you guys know that you have at least two amazing staff members, RNs, at your hospital. I came into the ER with a very bleak outcome regarding some serious health conditions. I was admitted for an overnight stay, which turned into four nights, but through it all, my primary RN was absolutely fantastic. She would take time out and just come and talk to lift my spirits and make sure I was doing well. As you can well imagine, the prospect of being told you could die soon is not easily absorbed, but she went well above and beyond to provide care and comfort I quite honestly would never have expected. Please commend that young lady for a job very well done, as I am discharged now and feeling better than ever. I will not soon forget the care and attention provided. The other RN was extremely attentive and flexible with me during treatment as well as mindful to all my guests and making sure they had everything they needed as well. Two very passionate and talented young ladies you have. It seems all too many times these days people are quick to complain and seldom praise, but these two ladies are worth every word typed here and more. Thanks for your time and attention.”

— Texas Health Presbyterian Hospital Allen



## Let's Get Social!

Follow Texas Health Resources Foundation on Facebook and Instagram for exclusive access to event photos, contests and behind-the-scenes content that provides a glimpse into how your support of the Foundation makes an impact on our community.



# Breaking Down Barriers to Care

## Texas Health Azle's HELP has expanded to serve patients with chronic illnesses in more North Texas communities

How do you protect your health if you have no insurance, limited financial resources and suffer from a chronic—and often costly—condition like diabetes or hypertension? That is exactly what John\* was wondering after spending two weeks in the hospital in a diabetic coma. He was losing his eyesight, losing his battle with chronic kidney disease and running out of hope.

"I was depressed—I stayed at home feeling sorry for myself," said John, when asked about how he handled his diabetes before finding the Healthy Education and Lifestyle Program (HELP) at Texas Health Harris Methodist Hospital Azle. "I met Casey Williams [Community Health Programs Specialist at Texas Health Azle] at a health fair, and she told me they had a program that could help me. It took me a couple of months to get the courage to make an appointment, but I finally decided it was what I needed."

After just one month in HELP, John started to exercise and improve his diet. After three months, he began to see a noticeable improvement in his blood sugar, cholesterol and other measures of health. Now, seven months later, he is no longer legally blind.

\*Last name withheld for patient privacy.



HELP patients take a monthly education class on healthy eating

"Dr. Deb and my nurse Shannon explained everything to me in a way that made sense," said John. "They knew the questions to answer before I asked them. They even helped me find more affordable options to get my insulin and supplies. After a few months, I felt really good. I wanted to live again."

HELP launched at Texas Health Azle in 2012 with the goal of offering health care and support to individuals with chronic disease who otherwise would not have access due to social barriers, such as lack of income and insurance. Once a month, patients receive a visit with a health care provider, routine lab work, and education to improve their understanding of how to manage their condition, as well as a support group of care providers and other patients. HELP also works with other organizations to help patients get access to local pharmacies, food banks, counseling centers and other community resources.

"You're educated the entire time you're there," explained John. "They have classes on diabetes management, chronic pain management, how to read labels and eat better. They don't just pinpoint one thing—they look at your overall health and help you coordinate with other doctors and adjust your medications at each visit."

The education and support component of the program focuses on self-management skills as well as empowering the patient. During the support session, journals are provided to each patient so they can set individualized goals such as adding more fruits and vegetables to their diet or tracking their biometric scores daily. Family members are also encouraged to attend appointments. Through these accountability measures, 89 percent of the Azle HELP diabetic population either maintained or improved their A1C numbers, including John.



“You’re educated the entire time you’re there. They have classes on diabetes management, chronic pain management, how to read labels and eat better. They don’t just pinpoint one thing—they look at your overall health and help you coordinate with other doctors and adjust your medications at each visit.”

– John

In October, Texas Health’s HELP expanded to assist more North Texans in need. New programs have opened at Texas Health Alliance, Texas Health Cleburne, Texas Health Fort Worth, Texas Health HEB, Texas Health Huguley, Texas Health Kaufman, Texas Health Stephenville and Texas Health Southwest. Texas Health Dallas will continue to utilize chronic disease management services through the Healing Hands Ministry, and the HELP model and scope of services will be added to existing clinics at Texas Health Arlington Memorial and Texas Health Denton.

“Through this expansion, we will be able to reach more patients with chronic conditions and provide them the support and resources they truly need,” said David Tesmer, Texas Health’s senior vice president of community engagement and advocacy.

Consider for a moment that right now approximately 4.5 million Texans currently don’t have health insurance, and chronic disease accounts for 75 percent of all Texas health care expenditures. In many cases, uninsured patients are forced to manage their chronic disease by costly trips to the emergency department. However, HELP outcomes at Texas Health Azle have shown an 80 percent decrease in ED visits after the patient is enrolled in the program, which has resulted in an overall cost savings at the hospital of approximately \$324,000 a year.

“What we’ve seen is that patients want to do better with managing their chronic disease, but they just don’t have the resources or support to do so,” said Jamie Judd, program director of community health improvement at Texas Health. “The goal of the program is to reduce those barriers by providing both support within the clinic setting as well as in their own community.”

**For more information on how you can support HELP, please contact [ShannonFisher@TexasHealth.org](mailto:ShannonFisher@TexasHealth.org) or 682-236-5965.**



# Healing Hands

## Paying It Forward

**A dedicated Texas Health Arlington Memorial volunteer gifts more than her time**

Betsy Rodriguez has been volunteering in the Texas Health Arlington Memorial Hospital Atrium Gift Shop since she retired from the Grand Prairie ISD system nearly six years ago. The Dallas native moved to Arlington to be closer to her sister after the passing of their mother.

"I lived in Carrollton when my mother got sick," Betsy said. "I would drive across town to Texas Health Arlington Memorial to visit her. Family members and I would go to the old chapel to pray. I spent a lot of meaningful time there, and with Chaplain Dorsey, who was instrumental during that time. He was with the family to comfort and pray with us minutes prior to my brother's death."

The chapel became very important to Betsy during the days her mother and brother were patients at the hospital. When she learned that the chapel was undergoing a renovation to become the Dan Dipert Family Chapel, she wanted to contribute, both in her fundraising role with the Texas Health Arlington Memorial Auxiliary and on a personal level.

"I'm fundraising chairperson on the Volunteer Auxiliary Board. Annually, we hold two major fundraisers," Betsy explained. "We raised money for the chapel, and I wanted to contribute personally so my maiden name, Cantu, would be included on the donor wall in memory of my mother and brother."

"My mother's last days were under hospice care, I am delighted to have the opportunity to give back."



This year, when she learned the hospital was raising money to update the hospice unit, Betsy knew she wanted to participate in fundraising for the project. She made a personal gift to support the construction on North Texas Giving Day in September, and she recently completed training to volunteer in the hospice unit as well.

"Now that I have been volunteering at the hospital, I am astounded by what goes on," Betsy said. "Gift shop profits

are used for so many local needs in the community—it's heartwarming. Now I will be able to volunteer in the hospice unit on Thursdays when they need me. Because my mother's last days were under hospice care, I am delighted to have the opportunity to give back."

**To contribute to the hospice renovation, please contact [LisaMarieBrown@TexasHealth.org](mailto:LisaMarieBrown@TexasHealth.org) or 682-236-5233.**



# Your Gift at Work

## Texas Health Dallas Unveils New Mobile Health Unit

### Donors, community supporters and hospital leadership celebrate at Sip and See

More than 70 invited guests gathered in the Healing Gardens at Texas Health Presbyterian Hospital Dallas' Cancer Center on September 27 for the unveiling of a brand new mobile health unit. Attendees enjoyed tours of the unit, music by Goga, as well as refreshments and appetizers. Plus, they were able to hear from hospital leadership, including Texas Health Dallas President Jim Berg, Vice President Virginia Rose, and Foundation Vice President Lesley Atkinson.

In 2016, Texas Health Dallas, recognizing a critical need to provide preventive screenings to the uninsured and underserved residents of Dallas, embarked on a plan to replicate the Wellness for Life® mobile health model at Texas Health Harris Methodist Hospital Fort Worth to make these services more accessible to Dallas-area communities.

Through philanthropic support, almost \$1.6 million was raised to purchase a mobile health unit to provide mammography and well woman exams to those underserved in the surrounding communities.



Mobile Health Unit supporter Insight Complete Eye Care attends Sip and See. (From left) Cliff Slaughter, Dr. Tracy Stringfield, Dr. Lindsey Bank, Dr. Ivan Bank, Kinte Walkera, Colleen Dingler

Through philanthropic support, almost \$1.6 million was raised to purchase a mobile health unit to provide mammography and well woman exams to those underserved in the surrounding communities of Dallas County with services including:

- Screening mammograms and breast health education
- Availability of a family nurse practitioner to provide low-cost/no-cost well woman examinations, which also educate women about health maintenance and cancer and cardiovascular risk reduction
- Language interpreters to build trust and understanding between patient and clinician
- Referral, navigation to diagnostic services at Texas Health facilities and partner clinics

As the program grows, Texas Health Dallas will have the ability to add outreach and education services, as well as support additional preventative care programs for underserved communities including Collin and Kaufman Counties, and behavioral health programs and other public health emergencies. Philanthropic funding is imperative to support these continued needs.

**For more information on how you can make a profound impact on individuals receiving services through our mobile health program and transform health care services within Texas Health's geographic service areas, please call the Foundation at 214-345-8442.**

# Texas Health Allen Announces \$68 Million Expansion

## Philanthropic gifts will enhance the project that will double the size of the hospital campus

Texas Health Presbyterian Hospital Allen is expanding to meet increasing demand for hospital services in Allen and throughout Collin County. The \$68 million project will add a new patient care tower with 75 medical/surgical beds, along with significant new perioperative space, two new state-of-the-art operating suites and a second cardiac catheterization lab.

The project will also allow for future growth as the hospital's service area expands. In all, the new three-story structure will add more than 108,000 square feet of space to the hospital.

"As we expand our network of physicians and outpatient access points for the growing North Texas population, it's also important that we grow and modernize our hospitals to meet consumer expectations," said Barclay Berdan, FACHE, CEO of Texas Health Resources. "We want to provide for all of the health care needs of people in this area, where they work, live and play."

Since it opened in 2000, Texas Health Allen has undergone smaller expansion and renovation projects. The 35-acre campus has added a medical office building and breast center, expanded its emergency department and sports medicine services, and created a new surgical nursing unit over the years. But Texas Health leaders said it's time for the hospital, which sits at the corner of Central Expressway and Exchange Parkway in the heart of Allen, to undergo a major expansion. Among other specialties, orthopedics, back and spine, sports medicine and cardiology services are in high demand.



"This is a very exciting day in the history of our hospital," said Jared Shelton, FACHE, president of Texas Health Allen. "This new expansion will enable Texas Health Allen to offer more services, supply much-needed bed capacity and signal to our growing community that we are committed to improving their health and well-being for many years to come."

The population of the hospital's service area — which includes Allen, Lucas, Fairview, Frisco, Plano, McKinney, Wylie, Parker, Murphy and other surrounding Collin County cities — is already more than 425,000, with almost 90,000 new residents expected to move into the area in the next two years. The city of Allen has been ranked the 16th fastest-growing city in the nation, according to the U.S. Census.

Construction began this fall, with the new facility opening in the second quarter of 2020. In addition to the new patient-care areas, the tower will include a new pharmacy, lab, kitchen/dining area, and conference space. Philanthropy will round out the project with more than \$1 million to support enhancements to the tower in these areas as well as an outdoor space designed for families, a physician sleep space and a special family bereavement area to say goodbye to loved ones who pass away at the hospital.

**For more information on how you can support this expansion, please contact [JaneCostello@TexasHealth.org](mailto:JaneCostello@TexasHealth.org) or 214-345-2030 or [KimberlyRaschke@TexasHealth.org](mailto:KimberlyRaschke@TexasHealth.org) or 972-981-3674.**



# Donor Spotlight

## First Donor Appreciation Dinner

On Thursday, November 8, Texas Health Resources Foundation held its first Donor Appreciation Dinner honoring philanthropic leadership in the North Texas community. Invited Giving Society guests enjoyed a cocktail reception and dinner at the Modern Art Museum of Fort Worth with special keynote speaker, Daniel Kraft, M.D.



Dr. Kraft is a Stanford and Harvard trained physician-scientist, faculty chair for medicine at Singularity University and founder and chair of Exponential Medicine. He is known for his TED Talk on the changing landscape of health care, the evolution of patient-centered care, and the role of technology in the future of medicine.



Two awards were presented at the event. The first, the Philanthropic Leadership Award, recognizes an individual or foundation committed to supporting the mission of Texas Health through philanthropy and leading by example. This year, the award was given to Dr. Maynard and Rosemarie Ewton for their more than 30 years of continuous philanthropic support to the Foundation and Texas Health Dallas.



The second, the Exceptional Care Award, recognizes a dedicated Texas Health caregiver who strives to exemplify respect, integrity, compassion and excellence in each patient and family relationship and has made a significant, proven impact at Texas Health. Nancy Donachie, M.D., a psychiatric physician at Texas Health Plano, received the caregiver award this year for her years of service as medical director at the Seay Behavioral Health Center.



TOP ROW | (From left) Texas Health Resources CEO Barclay Berdan, Rosemarie Ewton, Dr. Maynard Ewton, Texas Health Resources Foundation President Jay McAuley; Dr. Robert Donachie, Dr. Nancy Donachie

SECOND ROW | (From left) Cheryl Brown, Phil Wentworth, Bernice Washington, Jane Costello; Darby Gall, Ted Darby

THIRD ROW | Clyde Picht, True Picht | BOTTOM | Dr. Daniel Kraft

# Health Shots

## Black & White Gala August 4, 2018

More than 540 guests joined us at the Omni Fort Worth Hotel for the 26th annual Black & White Gala. The event raised more than \$133,000 net to support a new Community Impact initiative for Johnson County to provide paramedicine in partnership with the Cleburne Fire Department, designed to improve patient outcomes at home and reduce unnecessary trips to the emergency department. The event funds Shots for Tots, Mammograms are a Must!, Know Your PSA, and Love Your Heart. Proceeds from this year's gala also will be used to purchase new equipment for labor and delivery at Texas Health Harris Methodist Hospital Cleburne and to support the HOPE Clinic.



**Black & White Gala:** Clockwise from top: (From left) Kay Walls, Founding Chair; Chris Cain, 2018 Gala Chair; Kathy Martin, 2019 Gala Chair • (From left) Corey Cofer, Morgan Lyness, 2019 Gala Vice Chair Lori Lyness, Tim Lyness, Kellan Lyness • (From left) Fire Chief Scott Lail, Assistant Chief Keith Scarbrough, Lieutenant Corey White, Lieutenant Kris Watson • (From left) Commissioner Larry Woolley, Colby Rideout, Hallie Rideout, Melanie Good, Tim Good • 2018 Black & White Gala Committee



## Texas Health Resources Foundation Golf Tournament October 8, 2018

A little rain didn't stop golfers from returning to Texas Star Golf Course this year to tee up against cancer at the 27th annual Golf Tournament presented by Balfour Beatty Construction. The tournament supports the Bernard C. Alger Cancer Fund, which provides cancer screenings and education for residents of our community who would otherwise not be able to afford them. The tournament has raised more than \$2.4 million since its inception. This year's sell-out tournament raised more than \$144,000 in net proceeds.



**Golf Tournament:** Clockwise from top: First Flight Winning Team: (From left) Drew Henderson, Kevin Davis, Steve Dillon, Matt Copeland with Jack Roper's daughter Julie Elliott and granddaughter Katie Grace Elliott • (From left) Nommo Donald, Michelle Kirby, Stephen Weeks, Natalie Dion • (From left) John Furlow, Robert Jones, Trent Lyons, Kris Katarski • (From left) West Jones, Corby Dodson, Don Gill, José Martínez • Elias Bahar (left), Lynn Nelson



# Health Shots

## Levis and Lace Reception October 13, 2018

In honor of the generous donors and supporters of the record breaking 2017 Levis and Lace, a thank you reception was held at the home of Janet and Jack Stevens. The evening included a "Fill-The-Bowl" donation drive, which raised over \$35,000 for new equipment in the newly expanded emergency department at Texas Health Harris Methodist Hospital Azle.



**Levis and Lace:** Clockwise from top: (From left) David Hopkins, Syrena Hopkins, D'Andra Davidson, Jack Stevens, Jessica Davidson, Mike Davidson • (From left) Anne Gavin, Tom Brace, Debra Jenkins, Sally Brace, Carolyn Mobley • (From left) Jessica Brace, Jacquolyn Gibbons, Owen Clark, Danielle Barber • (From left) Ferrol Miller, Teri Guyer, Mary Dement • (From left) Jan Harrah, Jim Davis, Peggy Davis



## Black Tie Ball Reception November 2, 2018

Friends of the Black Tie Ball were honored at a special reception held at the home of Cindy and Mike Slye to support Texas Health Presbyterian Hospital Kaufman. Guests enjoyed cocktails and hors d'oeuvres and learned about future plans for the hospital. Funds were raised in preparation for the 2019 Black Tie Ball and will benefit mobile health outreach in Kaufman, furthering the mission of improving health and wellness in the county.



**Black Tie Ball:** Clockwise from top: (From left) Shawn Parker, Laura Melton, Curtis Snow, Patsy Youngs, Carl Stapp, Jo Ann Talbot, Mike Slye, Fallon Way, Lani Hancock • (From left) Curtis Snow, Mike Holder, Mike Slye, Justin Rogers • (From left) Carole Aga, Wesley Way, Bobby Aga • Monica Torres, Hector Torres • Hosts Mike Slye, Cindy Slye



# News Around the System

## Fort Worth Well-Being on the Rise as the City Approaches Blue Zones Community Certification



Ring the bell to officially certify Fort Worth as a Blue Zones Community at a celebration on November 10 at Will Rogers Memorial Center

According to a recent report from Gallup, Fort Worth has achieved a new record in overall well-being with a 2018 Well-Being Index score of 62.5. This score is nearly four points higher than the city's score in 2014 and also surpassed the 2018 U.S. Well-Being Index score of 61.3. Compared with approximately 190 metro areas nationally, Fort Worth rose from a rank of 185 in 2014 to 58th last year.

This leap in measured well-being corresponds with Fort Worth launching its Blue Zones Project initiative in late

2014. Since undertaking the project, Fort Worth has seen a 31 percent decrease in smoking, a 9 point increase in residents who exercise at least 30 minutes three or more times per week, and a total of 69 percent of residents who now say they are proud of their community. Each point in well-being gained for a population is associated with approximately a two percent reduction in ER visits and hospital utilization, and to approximately a one percent reduction in total health care costs, which means millions of dollars in savings each year.



Since the official Blue Zones Project kickoff, more than 300 businesses and organizations have made changes to improve the health of their employees and customers, and over 87,000 Fort Worth residents have taken personal actions that improve their health and the health of their neighbors. In November, the city achieved its goal of becoming a Certified Blue Zones Community and celebrated in a community-wide event on November 10.

"Texas Health is committed to Blue Zones Project and other community-based initiatives that improve the health and well-being of residents by encouraging healthy habits," said Barclay Berdan, CEO of Texas Health Resources, lead sponsor of Blue Zones Project, Fort Worth. "We think these kinds of programs are how we begin going upstream and addressing social determinants of health. If we can address obstacles to well-being before someone becomes ill or develops a chronic condition, we can make Fort Worth the envy of cities across the country."

## Texas Health Employees Give More Than \$845,000 to Community Partners

Every year in October, Texas Health employees have the opportunity to give back to the community by making donations to local nonprofit partner organizations during the

Community Employee Giving campaign. This year, approximately 3,200 employees raised more than \$845,000 in gifts to support the communities where they live and serve.

Employees donated to the American Heart Association, March of Dimes, American Diabetes Association, United Way, American Cancer Society and various local food drive beneficiaries.

They also had the opportunity to support each organization by participating in fundraising events, such as the Heart Walk, and completing volunteer hours in the community through Texas Health's Community Time Off program, which gives each employee up to eight paid hours a year to complete a volunteer project of their choice.



## Texas Health Breaks Ground on New Hospital in Mansfield

Mansfield city officials and community leaders joined Texas Health Resources and Adventist Health System in October to celebrate the beginning of Texas Health Hospital Mansfield. Construction on the new health care campus is now underway.

Scheduled to open in late 2020, Texas Health Mansfield will offer a full variety of services including a 24/7 emergency room, general surgery, women's care, orthopedics and interventional cardiology. The four-story, 195,400-square-foot facility will have an initial capacity of 95 beds. At a total cost of \$150 million, the campus will also include an 80,000-square-foot medical office building that will house primary care and specialty practices.

The project is a joint-venture between Texas Health and Adventist Health System. The two faith-based organizations have a long history of collaboration, beginning in 2012 with Huguley Memorial, an Adventist Health System hospital. Now known as Texas Health Huguley Hospital Fort Worth South, the 356-bed facility is a joint venture between the two health systems, serving residents of Ellis, Johnson and Tarrant counties.

The new Mansfield project, a 38-acre campus located on the southeast corner of U.S. Highway 287 and Lone Star Road in the Johnson County area of Mansfield, will be Texas Health's second major facility in Mansfield. The other, Texas Health Recovery & Wellness Center, is located about 3 miles north of the future hospital site. The hospital is expected to bring approximately 280 jobs to Mansfield when it opens.

The city and service area have expanded rapidly in recent years, with a population growth rate of more than 10 percent between 2011 and 2017. The service area is expected to grow from 228,244 residents in 2017 to more than 251,000 by 2022. To address this future growth, all elements of Texas Health Mansfield have the capacity to grow, using an efficient, cost-effective design model.

"That's a key component of the design," said Kirk King, executive vice president and operations leader for Texas Health's southwest region. "The building is designed to grow."

**To learn more about Texas Health Mansfield, visit [TexasHealth.org/Mansfield](https://TexasHealth.org/Mansfield). #MansfieldHealthy**



(From left) Randy Haffner, senior EVP of Multistate Division of Adventist Health System; Ken Finch, president and CEO, Southwest Region and Texas Health Huguley Fort Worth South; Barclay Berdan, CEO of Texas Health Resources; Dr. Erica Sails; Terry Shaw, president and CEO of Adventist Health System; Kirk King, EVP Southwest Zone Operations Leader for Texas Health Resources

# Charitable Gift Planning

## The Perfect Way to Honor Someone You Love

If you have a friend or family member whose life has been touched by Texas Health, consider making a gift to us in his or her name. When you memorialize some of the most important people in your life, such as your mother, father, spouse, mentors or other special loved ones, as part of a gift to Texas Health Resources Foundation, you:

- honor that special person;
- support our mission; and
- possibly receive personal financial benefits.

### You Have Choices

Three basic methods are available for establishing an honorary gift:

- **A gift today**—An outright gift can help fund our immediate needs or an upcoming project. The financial benefits include an income tax charitable deduction (if you itemize) and the possible elimination of capital gains tax.
- **A gift through your estate plan**—You can include a gift in your will or living trust, stating that a specific asset, certain dollar amount or percentage of your estate will pass to us at your death in honor of your loved one.
- **A gift that lives on forever**—Honorary endowments can be made now or through your estate plan. Endowments are structured so that a small portion of your gift, rather than the whole amount, is used each year to fund a particular purpose. To perpetuate the fund forever, the majority of the fund always remains intact and is invested for the future.

**For more information on how to make a gift, please contact [LesleyAtkinson@TexasHealth.org](mailto:LesleyAtkinson@TexasHealth.org) or 682-236-5238.**



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# Save the Date

Mark your calendars for Texas Health Resources Foundation's upcoming 2019 events, raising funds for Texas Health's family of hospitals.

**Mar.27**

Puttin' on the Pink



**Apr.5**

Little Black Dress  
Girls Night Out



**Aug.10**

Black & White Gala



For more information on these events or to purchase tickets, visit [TexasHealth.org/Foundation-Events](https://TexasHealth.org/Foundation-Events)

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## You Made the Difference on North Texas Giving Day

Thanks to our generous donors, Texas Health Resources Foundation received \$491,100 in donations on North Texas Giving Day and ranked number five among all participating nonprofits in funds raised. We appreciate everyone who supported us on this monumental 18-hour online day of giving. You're helping to make the difference as we work to fill the gaps of the greatest needs of our health system and our community health initiatives.

On North Texas Giving Day, Texas Health Resources Foundation Board Trustee Chris Skaggs and Amy Skaggs made their annual donation through their nonprofit Leighton's Gift and presented it to our Foundation's Annual Fund Director Charlyn Webb (far left) and Vice President of Development Lesley Atkinson (center).

