



ASIST

Applied Suicide Intervention Skills Training (ASIST)

**FREE
FOR THE COMMUNITY**

A workshop on how to help a person experiencing suicidal thoughts.

All adults welcome, regardless of profession



2 day
training



8:30 AM-
4:30 PM



September
4 & 5, 2024

You Will Learn:

- The ways personal and societal attitudes affect views on suicide and interventions
- Provide guidance and suicide first-aid to a person at risk in ways that meet their individual safety needs
- Recognize other important aspects of suicide prevention including life-promotion and self-care

REGISTRATION

<https://dentoncounty-ASIST-suicide-first-aid.eventbrite.com>



Spots limited
BOOK NOW

Denton County Administrative Courthouse, Room 2020 (3rd floor)

1 Courthouse Dr, Denton, TX 76208

For questions, contact Michelle Foster
at michelf@dentonmhmr.org



Denton County
MHMR Center