

Texas Health Community Health Improvement (CHI)

Faith Community Nursing (FCN) and Health Promotion Program

Achievements | 2023



Program Objective

Faith Community Nursing is a system-wide program offered by Texas Health to link faith communities with health-related resources that focus on holistic care for the body, mind, and spirit. Emphasis is placed on equipping faith-based communities with the tools and resources to offer prevention and wellness support to care for the people they serve. These resources are delivered by volunteer congregational based Faith Community Nurses (FCNs) and Health Promoters (HPs).

Statement of Need*

Vulnerable persons are at greater risk for poor health outcomes or adverse events. Because communities of faith are trusted sources of information, people seek help from clergy, faith community nurses, and health promoters/ministers. FCNs and HPs are uniquely positioned to remove barriers, close gaps in care, advocate on the behalf of individuals, and educate and equip people themselves so that they can live their healthiest life.

Education and Outreach

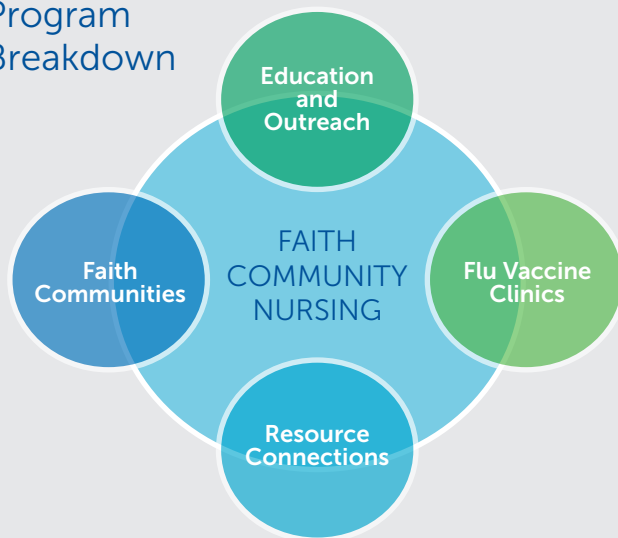
The Texas Health Faith Community Nursing program offers classes and trainings in a variety of topics. These courses are taught to community partners/stakeholders, faith leaders, FCNs, HPs, and Texas Health Resources staff. Although we serve the DFW metroplex and surrounding areas, the FCN department has supported the development of several FCN programs across the USA (i.e., New York and Florida) and have taught the Foundations courses to nurses in several states outside of Texas including North Carolina, Nebraska, and Georgia.

Prior to serving their own congregations, FCNs and HPs will complete training taught by the Texas Health Faith Community Nursing program. The Foundations of Faith Community Nursing Course is the training required for FCNs. This is a comprehensive course that prepares the registered nurse for Faith Community Nursing Practice and a successful health ministry. The Fundamentals of Health Promotion class is the required training for HPs to learn the basics of providing and supporting a health ministry in their faith communities.

Advance Care Planning (ACP) is a course taught free to the community by our Texas Health FCN team. Empowering individuals to write down their healthcare wishes and share them with others is the focus of the course. Topics covered include living wills, do-not-resuscitate orders, and Medical Power of Attorney. Having this information available when a person is unable to speak for themselves, ensures an individual's wishes are followed at the end of life. Through collaboration with a congregational FCN or HP, classes are made available to members and the community.

* Statement of Need sources:
Westberg Institute, 2019. Foundations of FCN: Advocacy, Care Coordination, and Transitional Care, p. 313

Program Breakdown



Activity/Outputs

44

Participants Completed Fundamentals of Health Promotion Class

30

RNs Trained in Foundations of Faith Community Nursing Course

98

Participants Completed the Advance Care Planning Course

Faith Communities

117

Program agreements with faith communities

161

Faith Community Nurses

161

Faith Community Health Promoters

12,375

Total recorded hours served by FCNs and HPs



FCNs in Action:

A community based FCN, while conducting blood pressure screenings for her congregation noticed 3 participants had high blood pressure and convinced the participants to visit their Primary Care Physicians (PCP) to receive assistance and follow-up. This FCN went one step further and held a nutrition class and added a weekly walking class offered to her congregation to counteract the elevated blood pressures seen during the screening event.

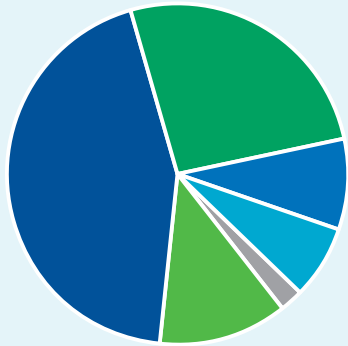


Activities/Outputs

Through FCN partnerships and support, faith communities across North Texas were able to connect over **126,206** individuals to preventive care and social services.

\$4,089,250
Community Cost Savings/Avoidance

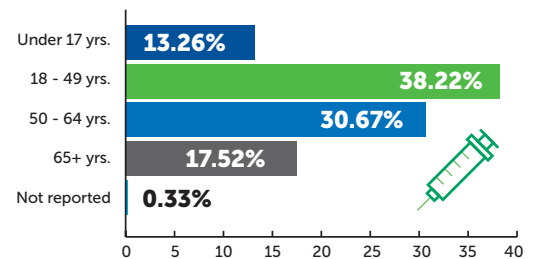
SOCIAL DETERMINANTS OF HEALTH



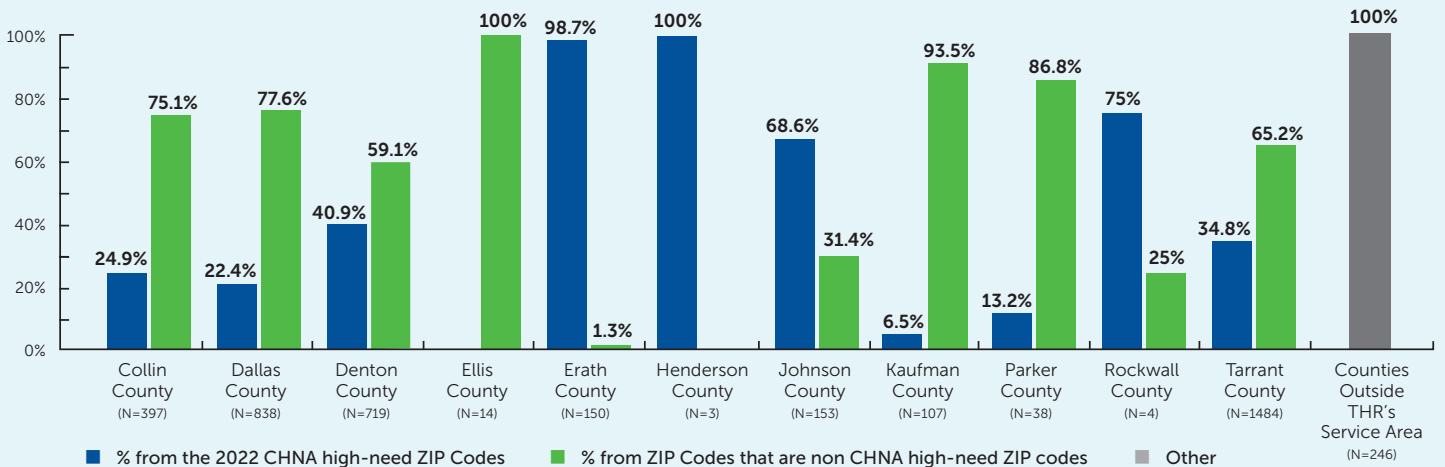
- FOOD**
n= 54,849
Hunger
- EDUCATION**
n=32,444
Literacy
- HEALTHCARE SYSTEM**
n=15,234
Health Coverage
- ECONOMIC STABILITY** | n=10,649
Expenses | n=500
Medical Bills | n=1,654
Support | n=8,495
- COMMUNITY & SOCIAL CONTEXT** | n=8,890
Community Engagement | n=1,765
Support Systems | n=7,125
- NEIGHBORHOOD & PHYSICAL ENVIRONMENT** | n=2,618
Housing n=2,371
Transportation n=247

Flu Vaccine Clinics | DEMOGRAPHICS OF PEOPLE SERVED | Total N= 4,223

Flu vaccine clinics provided by the Texas Health Resource Faith Community Nurses focus on serving people and communities who would otherwise not have access to vaccines. Fulfilling our Mission to meet our consumers' needs where they work, live, play and pray is exemplified in the care provided in communities of faith and faith based organizations across our service areas. In **2023**, Faith Community Nursing organized **96 clinics** with the primary focus of serving people who did not have access to flu vaccines. Services were aligned with food pantries, congregations in CHNA zip codes, senior community members, and outreach ministries to underserved communities. Each site was open to the community and cared for people beyond the congregational membership. Through these efforts, thousands of individuals received flu shots who otherwise would not have had access to one.



DISTRIBUTION OF PEOPLE VACCINATED BY COUNTY (N=4,223)



ACTIVITIES AND OUTPUTS

- 96** Clinics held
- 4,223** Total number of flu shots given
- 137** First time doses
- 1,114 (26.4%)** Spanish speaking recipients
- 28%** Percentage of clinic sites in CHNA zip codes
- 56%** Percentage of clinics focused on the immigration population or populations experiencing health disparities or social determinants of health needs
- 16%** Percentage of clinics focused on outreach beyond the church to serve neighbors in need