

**STRONGER TOGETHER**  
2018 Nurse Annual Report





*“Each of us adds a thread to the Texas Health shield we proudly wear on our scrubs. Each thread represents the unique gifts we bring to our organization and profession.”*

**Joan Clark**  
Executive Vice President and  
Chief Nurse Executive

LETTER FROM JOAN



Each fall as I watch my Florida Gators take on challengers in college football, I grab my favorite blue and orange sweatshirt, fill my favorite Gators mug and settle in under a very special quilt. Lovingly crafted by the chief nursing officers and given to me as a gift, the Gators quilt features colorful fabrics and our team logo. From a distance, you see a bold pattern; but up close, you see the careful, individual stitches that support the quilt and form the design.

Just like the stitches in my quilt, each of us adds a thread to the Texas Health shield that we proudly wear on our scrubs. Each thread represents the unique gifts we bring to our organization and profession: curiosity that leads to research, compassion that leads to comfort, insight that leads to leadership, success that leads to mentorship and skills that lead to safe, quality care. When each person uses their gifts and adds their thread to the whole, together we create a beautiful, durable tapestry.

We are stronger together.

In 2018, we grew stronger by working collaboratively to advance our ability to provide high reliability care. We targeted excess days and developed numerous

proactive strategies to reduce them. We embraced Reliable Care Blueprinting™ and worked together to provide feedback, hardwire efforts and refine modules to best meet our patients’ needs. We provided input on critical decisions through Nursing Congress and the new Bedside Products Selection and Standards Committee. We pursued research and performance improvement projects that resulted in better outcomes and improved experiences for our patients.

It is my privilege to lead such a skilled and compassionate team of nurses. I hope you will share my pride as you read through our 2018 Texas Health Nurse Annual Report and see the many ways that we are stronger together.

Regards,

**Joan Clark**  
D.N.P., R.N., NEA-BC, CENP, FACHE, FAAN  
Executive Vice President and  
Chief Nurse Executive  
Texas Health Resources

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## QUALITY-CARING MODEL

# Weaving Together Quality Diabetes Care

When a nurse researcher suggested that Magally Rolen, B.S.N., R.N., PCCN, Texas Health Arlington Memorial, complete a project related to diabetes, she thought it sounded boring. A TCU Evidence-Based Practice Fellow, Magally overcame her initial resistance and talked with inpatient diabetes educator Betsy Richter-Gifford, B.S.N., R.N., CDE. Magally soon learned that diabetes research could be interesting, and she could make a contribution to supporting nurses in providing quality, evidence-based diabetes care. She also discovered that Betsy was a great mentor.

*“I love helping others ignite the talents within themselves, and it was exciting to see Magally learn firsthand that diabetes research can be fun.”*

Betsy Richter-Gifford  
B.S.N., R.N., CDE



QUALITY-CARING MODEL



COMMUNITY OUTREACH

Texas Health nurses shared their passion and skills outside the hospital walls throughout 2018. From health fairs and community walks to school events and food drives, Texas Health nurses volunteered to improve the health of the people in the communities we serve.

*Nurses at Texas Health Stephenville volunteered at the Southwest Dairy Farmers' Kids, Kows & More event. Pictured back row, left to right: Amanda Clevenger, R.N.; and Autumn Back, R.N. Pictured front row, left to right: Becca Wiese, R.N.; Renee Feemster, R.N.; Regina Wellborn, R.N.; and Joell Tadlock, R.N.*



Catherine Back, R.N., Texas Health Azle, and Cindy Burnette, D.N.P., R.N., CA-CP SANE, SANE-A, Texas Health Resources, discuss a patient at Texas Health Azle.

PATIENT SATISFACTION | JANUARY - OCTOBER 2018

HCAHPS (Hospital Consumer Assessment of Healthcare Providers and Systems) survey nursing score results for wholly owned hospitals:



FAITH COMMUNITY NURSING

By intentionally integrating spiritual care with the practice of nursing, more than 100 Faith Community Nurses maintained 108 congregational covenants representing 160,000 individuals in 2018. New education for a congregational mental health care kit was developed in 2018; the education focuses on reducing the stigma associated with mental health issues in the congregational setting.



*Debbie Palmer, R.N.; Janet Railsback, R.N.; and Nettie Davis, R.N., Texas Health Cleburne, were commissioned as Faith Community Nurses in 2018 during a service at Glen Rose First United Methodist Church.*

SEXUAL ASSAULT NURSE EXAMINER PROGRAM

Sexual Assault Nurse Examiners (SANEs) provide compassionate and comprehensive medical forensic examinations to patients who have experienced sexual violence. The SANE program at Texas Health maintains a team of specially trained staff: 31 certified SANEs and seven SANE trainees were on staff as of Sept. 30, 2018. The Texas Health SANE program expanded services in 2017 and 2018 from three Texas Health hospitals to ten of the wholly

owned hospitals with emergency departments. TeleSANE services are available at an additional hospital, and two other hospitals provide SANE services through a community program. Texas Health continues to provide SANE classes for nurses throughout North Texas.



## PROFESSIONAL DEVELOPMENT

# Sowing Wisdom in New Leaders

The natural rapport between mentor Kennedy Solite, N.P., M.S.N., B.S.N., R.N., and mentee Celeste Mellum, B.S., R.N., is hard to miss. The Texas Health Denton nurses laugh easily and share their expertise seamlessly. Kennedy mentored Celeste as she became a charge nurse. Mentor/mentee relationships are one of the many ways Texas Health supports professional development and strengthens the fabric of Nursing. From educational opportunities and research to residencies and a career advancement program, nurses have a variety of ways to increase their knowledge and refine their skills at Texas Health.

*“I like passing my knowledge on to others, and Celeste has become a great charge nurse.”*

Kennedy Solite

N.P., M.S.N., B.S.N., R.N.





# PROFESSIONAL DEVELOPMENT



## VERSANT NEWGRADUATE NURSE RESIDENCY™

The Versant New Graduate Nurse Residency™ program is a comprehensive education and training system designed to transition newly graduated registered nurses from students to safe, competent and professional practitioners.

*Texas Health had 383 Versant residents in 2018.*

Since 2009, when the program began at Texas Health, 2,428 residents have participated in the program.

*Almost 180 Versant New Graduate Nurse Residents began their residency at Texas Health in July 2018.*



## MENTOR PROVIDES TAILOR-MADE TRAINING

Reka Varghese, B.S.N., R.N., Quality Improvement Coordinator, Texas Health Allen, came to her role in May 2018 with extensive nursing experience but no formal quality training. That’s where mentor Richard Lawhead, M.B.A., B.S., R.N., RRT-NPS, CPHQ, CPPS, PMP, CSSGB, stepped in. The director of Quality, Patient Safety and Risk Management at Texas Health Allen, Richard serves as a coach, providing advice on enhancing Reka’s professional performance and development. “I seldom tell Reka what to do,” said Richard. “I listen and provide suggestions and the ‘why’ behind my suggestions. Reka is flourishing, and I couldn’t be more proud of her.”

*Reka Varghese, B.S.N., R.N., and Richard Lawhead, M.B.A., B.S., R.N., RRT-NPS, CPHQ, CPPS, PMP, CSSGB.*

## PEER2PEER FEEDBACK

Designed to help nurses continually advance their skills and knowledge, the Peer2Peer Feedback Process is used by clinical nurses at all levels to review and reflect upon their peers’ nursing practice. In 2018, the Peer2Peer Feedback Process was incorporated into Texas Health’s new performance management program.

## NURSING CAREER ADVANCEMENT PROGRAM

More than 1,100 nurses participated in Texas Health’s Nursing Career Advancement Program (NCAP) in 2018. NCAP recognizes and financially rewards nurses for their dedication to their hospital, profession and education. Nurses advance levels in the program through a variety of professional development activities.

NUMBER OF NURSES AT EACH NCAP LEVEL:	
RN III	323
RN IV	737
RN V	69
RN VI	7



# PROFESSIONAL DEVELOPMENT

## CONTINUING EDUCATION

Texas Health Resources University provided 411 continuing education activities with 1,151.59 contact hours for 6,182 registered nurse participants in 2018. These activities are designed to maintain competence, enhance professional practice and support the achievement of individual career goals.

## NURSING EXCELLENCE FUND

The Nursing Excellence Fund provides continuing education and conference scholarships for nurses throughout the Texas Health system. One focus of the fund is training and education for the Clinical Nurse Leader program in partnership with Texas Christian University. In 2018, the fund was expanded to include grants for current Texas Health nurses, providing academic funding to help eliminate the gap for nursing staff who are earning advanced degrees.

## CONTINUING EDUCATION ENGAGEMENT:

ACTIVITIES SCHEDULED	411
HOURS LOGGED	1,152
NURSES INVOLVED	6,182

## TCU EVIDENCE-BASED PRACTICE FELLOWS SEPTEMBER 2018 GRADUATES

- Joni Belz, B.S.N., R.N., CEN, TCRN, Texas Health Arlington Memorial
- Emily Estill, B.S.N., RNC-OB, Texas Health HEB
- Darla Eubank, R.N., B.S.N., CRNI, Texas Health Dallas
- Sharon Fogarty, B.S.N., R.N., Texas Health Dallas, selected for podium presentation
- Viji George, M.A., B.S.N., R.N., RNC-NIC, Texas Health Plano, selected for podium presentation, abstract - bronze third place winner
- Madysen Gonzales, R.N., Texas Health Arlington Memorial
- Jamie Loggins, B.S.N., RN-C, Texas Health Fort Worth, selected for podium presentation, poster – first place winner
- Jessica Pineda, B.S.N., R.N., Texas Health Dallas, abstract – silver second place winner
- Kerry Radcliffe, B.S.N., R.N., M.H.A., J.D., Texas Health Stephenville
- Magally Rolon, B.S.N., R.N., PCCN, Texas Health Arlington Memorial, selected for podium presentation
- Stephanie Smith, P.T., D.P.T., CCS, Texas Health Dallas, selected for podium presentation
- Phoebe Sumena, B.S.N., R.N., Texas Health Southwest Fort Worth, selected for podium presentation
- Angie Van Valkenburg, B.S.N., RNC-OB, Texas Health HEB
- Tina Virgin, D.N.P., R.N., Texas Health Stephenville
- **Outstanding mentor award:**  
Betsy Richter-Gifford, B.S.N., R.N., CDE, Texas Health Arlington Memorial

## MY NURSING JOURNEY

My Nursing Journey was updated with new and improved features in 2018. A tool to help nurses reach their professional development goals, My Nursing Journey provides nurses a resource for professional development activities, ideas for Nursing Career Advancement projects and general knowledge about various nursing disciplines.

## RESEARCH

Texas Health’s nine nurse scientists helped nurses throughout the system conduct more than 60 research projects in 2018. Many of the research teams were multidisciplinary, featuring nurses, dietitians, pharmacists, physical therapists and other health care professionals.

## 2018 MULTIDISCIPLINARY RESEARCH PROJECTS

OVER 60

## OR RESIDENCY

Texas Health’s Central Staffing Office, in partnership with Texas Health Resources University, entity operating rooms (ORs) and Talent Acquisition, continues to facilitate an innovative residency program for OR nurses. The program provides foundational OR education and training along with clinical rotations at several Texas Health hospitals.

\$4.3  
MILLION

DONATIONS  
RECEIVED  
FOR NURSING  
EXCELLENCE FUND/  
ENDOWMENTS

From 2009 — September 2018

\$2.7  
MILLION

GRANTS  
MADE FOR  
NURSING  
EXCELLENCE

From 2010 — September 2018

\$3.3  
MILLION

VALUE  
OF THE NURSING  
EXCELLENCE  
FUND ENDOWMENT

As of September 2018





## SHARED DECISION-MAKING

# Clinical Nurse Leaders Find Common Threads

From sharing inside jokes to sharing process improvement ideas, these four clinical nurse leaders at Texas Health HEB take both their fun and work seriously. They work on different units and share their experiences to support each other in making decisions. Problem solving, holding each other accountable and providing feedback are sewn into their work every day. Other forms of shared decision-making at Texas Health include Nursing Congress, unit-based councils, town hall meetings and systemwide committees.

Shared governance gets stronger every year at Texas Health, giving nurses throughout the organization a voice in shaping their work environment.

*“We are all working to achieve the same goals, so we share what’s working well on our floor and borrow ideas from each other.”*

Michael Culver

M.S.N., R.N., CNL



# SHARED DECISION-MAKING

## UNIT-BASED COUNCIL CONNECTS NURSES TO COMMUNITY

The Central Staffing Office Unit-Based Council has tackled the challenge of creating community among a diverse group of nurses. Coming together for shared decision-making has created a bond of friendship and support that the council members appreciate. “We come from different entities and different specialties, but we are all committed to making positive changes that impact our practice environment and the patient experience,” said Sam Valdez, R.N., TNCC, ENPC.

*Jennifer Baker, B.S.N., R.N., CCRN; Megan Rimli, B.S.N., R.N.; Sam Valdez, R.N., TNCC, ENPC; and Rachel Walther, B.S.N., R.N., CMSRN.*



*The triad at Texas Health Alliance includes Kendra Slatton, D.N.P., R.N., chief nursing officer; Clint Abernathy, president; and Monika Mathur, M.D., chief medical officer.*



## NURSING CONGRESS

Led by Tessa Kennedy, B.S.N., R.N., Texas Health Dallas, and Gina Moore, B.S.N., RNC-OB, Texas Health Fort Worth, Nursing Congress in 2018 served as a vetting body for matters that impacted nursing care while providing opportunities for input and feedback from the direct care staff. The goals of increasing meeting participation and communication from Nursing Congress to each entity were achieved through quarterly delegate meetings. At these meetings, entity representatives discussed concerns and produced solutions together. Nursing Congress continues to strengthen the voice of the nurses across Texas Health through shared decision-making.

## RELIABLE CARE BLUEPRINTING™

Reliable Care Blueprinting™ (RCB), Texas Health’s approach to care design, focused on improving adoption of several existing modules in 2018 based on staff feedback. Throughout the year, the RCB team visited every Texas Health fully owned hospital, providing onsite support to address adoption challenges. To enhance reliability and the experience for patients, RCB deployed updates to five modules and one new module. Fifty nurses participated in the design process and revisions to these modules.

## TRIAD MODEL OF LEADERSHIP

Texas Health’s wholly owned hospitals have a unique triad model of leadership. In this model, the hospital’s chief nursing officer is an equal peer with the hospital’s president and chief medical officer.

## BEDSIDE PRODUCTS SELECTION COMMITTEE

Texas Health formed a committee in 2018 consisting of 17 nurses and two respiratory therapists to regularly review, evaluate, and name standards for products and equipment. The Bedside Products Selection Committee is responsible for binding decisions on products and equipment that are utilized in providing care across multiple areas of care and by various clinical staff.

## NURSING INFORMATICS

Nursing Informatics is a specialty that integrates nursing science, computer science and information science to manage and communicate data, information, knowledge, and wisdom in nursing practice. In 2018, Texas Health’s nursing informaticists served as leaders in national and regional organizations, published significant research, and supported numerous Texas Health projects, including Reliable Care Blueprinting™ design, Chart Xpress vital sign integration and standardization of GE physiological alarms.



# SHARED DECISION-MAKING



Executive Vice President and Chief Nurse Executive Joan Clark and some of her nurse friends from the starting lineup at Texas Health HEB talked about workplace violence in one of her “Conversations with Joan” videos in 2018.

## NURSING COMMUNICATION

From systemwide, videoconferenced Nursing Town Hall meetings for nurse managers to a quarterly electronic newsletter, communication remains a top priority for Executive Vice President and Chief Nurse Executive Joan Clark, D.N.P., R.N., NEA-BC, CENP, FACHE, FAAN. Communication also included a creative “Conversations with Joan” video series, intranet articles highlighting nurses, and promotion of activities such as Nurses Week, Great 100 Nurses and Clinical Excellence Awards.

## CLINICAL NURSE LEADERS

A clinical nurse leader (CNL) manages the clinical care of 12 to 16 patients. CNLs collaborate with physicians and other care team members and complete a daily care briefing at the patient’s bedside. Throughout the day, CNLs coordinate and

communicate the plan of care. With increased care coordination in 2018, discharges prior to 2 p.m. have increased and excess days have decreased. To accomplish earlier discharges, a 2x10 strategy was implemented which identified at least two patients who should be able to discharge prior to 10 a.m. the following day. Multiple initiatives have been implemented to impact excess days, including some which decrease hospital-acquired infections from Foley catheters and central/PICC lines. In addition, the CNL team continues to assist with designing and implementing Reliable Care Blueprinting™ modules.

## UNIT-BASED COUNCILS

Shared governance is a priority for nurses at Texas Health, providing an opportunity for impacting decisions that affect their work. Unit-based councils throughout Texas Health give nurses a voice in making positive changes in their practice environment and improving patient and employee satisfaction.

## NURSING EXECUTIVE TEAM MEMBERS

- Elizabeth Asturi, M.S.N., R.N., NE-BC, chief nursing officer, Texas Health HEB
- Rosemarie Aznavorian, M.S.N., R.N., CENP, CCWP, CCRN-K, vice president, chief nursing officer, Texas Health Central Staffing Office and Patient Logistics
- Vicki Brockman, D.N.P., R.N., NE-BC, NEA-BC, chief nursing officer, Texas Health Cleburne
- Joan Clark, D.N.P., R.N., NEA-BC, CENP, FACHE, FAAN, executive vice president/chief nurse executive, Texas Health
- Denise Claussen, M.S.N., B.S.N., R.N., chief nursing officer, Texas Health Kaufman
- Scott Domingue, M.B.A., B.S.N., R.N., NEA-BC, CMSRN, chief nursing officer, Texas Health Behavioral Health
- Lori Donovan, M.S.N., R.N., CNOR, NEA-BC, chief nursing officer, Texas Health Arlington Memorial
- Pam Duffey, D.N.P., R.N., NEA-BC, chief nursing officer, interim president, Texas Health Specialty Hospital
- Cole Edmonson, D.N.P., R.N., FACHE, NEA-BC, FAAN, chief nursing officer, Texas Health Dallas
- Sherri Emerson, M.S.N., M.B.A., R.N., vice president, chief operating officer, chief nursing officer, Texas Health Heart & Vascular Hospital
- Christy Escandon, M.B.A., M.S.N., R.N., CENP, chief nursing officer, Texas Health Plano
- Gretchen Hunt, ACNS-BC, NEA-BC, chief nursing officer, Texas Health Southwest Fort Worth
- Cindy McCarthy, D.N.P., M.H.A., M.B.A., R.N., NEA-BC, CEN, chief nursing officer, Texas Health Stephenville
- Mary Beth Mitchell, M.S.N., RN-BC, CPHIMS, chief nursing information officer, Texas Health
- Tanya Mitchell, C.P.A., M.B.A., CHFP, director, Nursing Finance, Texas Health
- Elaine Nelson, D.N.P., R.N., NEA-BC, CENP, chief nursing officer, Texas Health Fort Worth
- Mary Robinson, Ph.D., R.N., NEA-BC, vice president of Professional Practice, Research and Magnet, Texas Health
- Kendra Slatton, D.N.P., R.N., NEA-BC, chief nursing officer, Texas Health Alliance
- Tonya Sosebee, M.S.N., R.N., interim chief nursing officer, Texas Health Azle
- John Summers, B.S.N., R.N., M.A., CPPS, chief nursing officer, Texas Health Allen
- Melissa Winans, M.B.A.-H.C.M., M.S.N., R.N., NEA-BC, chief nursing officer, Texas Health Denton



Texas Health Nursing Executive Team members wish nurses a happy Nurses Week.



Lizy Sunny, B.S.N., R.N., CNN; Dolly Varghese, M.S.N., R.N., F.N.P.; and Deepak Mathews, B.S.N., R.N. Members of the dialysis team not pictured include Victoria Kovalsky, M.S., R.N.; Alice Lukose, B.S.N., R.N., CDN; and Mini Thomas, CNA.

## TEAMWORK

# Tight-knit Team Pulls Together for Dialysis Care

A proactive and positive team, the dialysis nurses at Texas Health Dallas cover all of the dialysis needs at the hospital. They are flexible, support each other's schedules and know each other well. They are one example out of the hundreds of Texas Health Nursing teams, large and small, living out Our Texas Health Promise™: Individuals Caring For Individuals, Together®. From preventing infections and staffing by acuity to reducing excess days and providing supplemental staffing, teams throughout the organization work to provide safe, quality care.

*“Our team is happy to come to work, and our close collaboration creates a trusting, healing environment for patients.”*

Dolly Varghese  
M.S.N., R.N., F.N.P.





# TEAMWORK

## EDUCATION BINDS FOUR EMERGENCY DEPARTMENT NURSES

Energetic and enthusiastic, these four members of the Emergency Department (ED) Education Team at Texas Health Fort Worth are known for making “even the boring education stuff fun.” Monthly meetings to discuss hot topics, education blasts at shift briefings and at-the-elbow education are a few ways they support the ED nurses. “We have a great mixture of experience on the team and appreciate that people come to us for answers,” said Aaron Brown, B.S.N., R.N.

Aaron Brown, B.S.N., R.N.; Tucker Higginbotham, B.S.N., R.N.; Crystal Pacheco, B.S.N., R.N., CEN; and Whitney Dudley, B.S.N., R.N., CEN.



## TRANSFERS AND BED PLANNING

The Central Staffing Office and Patient Logistics work to maintain a 360-degree view of staffing, patient acuity, patient placement and transfer activities. The Clinical Transfer Center coordinated more than 3,000 transfers a month in 2018, moving complex and critical patients to higher levels of care. The Bed Planning team was an integral part of the system’s CareConnect One implementation. The Behavioral Health Transfer Center and Call Center joined the Central Staffing Office and Patient Logistics teams in 2018.

## ACUITY STAFFING

Three years after implementation, Texas Health continues to lead the way nationally in acuity staffing. Texas Health’s most recent software upgrade provides a new structure to enable the expansion of reporting in years to come. Also known as evidence-based staffing, acuity staffing is the amount of direct patient care, by skill and time of day, required to assist each patient to progress toward an improved clinical state, based on each patient’s acuity level plus the workload associated with admissions, discharges and transfer events. The acuity system is supported by a governing committee with representatives from each entity.

## THREAT ASSESSMENT TEAM

A Texas Health systemwide Threat Assessment Team began meeting in 2018 to address workplace violence experienced by nurses and other caregivers. The team worked to simplify workplace violence reporting, address security concerns, provide practical information and training for addressing violence, develop a strategy for identifying violent patients, and equip managers to support employees in preventing and responding to aggressive patients and visitors.

## LANGUAGE ACCESS

TexasHealth’s Language Access Services received an average of 5,500 language interpretation requests a month in 2018 for more than 70 different languages. On-site, video and phone interpretation are available. The Central Staffing Office has interpreters who provided savings of \$251,000 for the system in 2018 when used instead of video or phone interpreters.

## AVERAGE LANGUAGE INTERPRETATION REQUESTS A MONTH

5,500

## REDUCING EXCESS DAYS

Nurses throughout the system worked together to address Texas Health’s 2018 key performance indicator of reducing excess patient days. A significant part of the effort focused on discharging patients by 2 p.m. and timely discharge. Clinical nurse leaders, care transition managers, front-line nurses and other caregivers

used a number of strategies to improve patient flow and discharge patients before 2 p.m. In addition, care transition managers worked to address excess days that were avoidable; that is, days that were impacted by non-medical events that delayed the progression of the patient’s journey through the continuum.

## INFECTION PREVENTION

Texas Health Infection Prevention nurses presented at two national conferences in 2018, sharing their research and expertise with nurses and health care systems from throughout the country. Barbara Danielson, B.S.N., R.N., CIC, LSSYB; and April Sutton, M.S.N., R.N., CIC, LSSYB, system infection preventionists, led a podium presentation at the 2018 Association for Professionals in Infection Control and Epidemiology National Conference on “Developing and Implementing a C-Suite Endorsed Centralized HAI Surveillance Program.” Kathy Rhodes, B.S.N., R.N., CIC, infection prevention nurse, presented at the Premier Breakthroughs Conference.

## CENTRAL STAFFING OFFICE

Texas Health’s Central Staffing Office (CSO) has grown to more than 900 employees, providing 450 full-time equivalent shifts to the entities and Texas Health Physicians Group for supplemental staffing. These employees serve in departments throughout Texas Health, including Nursing, Allied Health, Clerical, Information Technology Services, Health Information Management Services, Environmental Services, Food and Nutrition Services, Central Business Office, and other non-clinical departments for supplemental staffing.










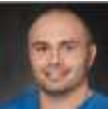























## CSO EMPLOYEES

900+



# DFW GREAT 100 NURSES

In 2018, the DFW Great 100 Nurses list included 34 nurses from Texas Health entities. This was the highest total for any hospital or health system in North Texas. The DFW Great 100 Nurses Inc. annually sponsors the DFW Great 100 Nurses to recognize registered nurses in the area who exemplify excellence in the art and science of nursing. The 2018 honorees from Texas Health entities are:

	<b>Sarah Armendarez</b> M.S.N., R.N., SCR.N, NVRN-BC Texas Health Fort Worth		<b>Michelle Kelly</b> B.S.N., R.N., RNC-NIC Texas Health Plano		<b>Amy Penrod</b> B.S.N., R.N., CEN Texas Health Azle
	<b>Vicki Brockman</b> D.N.P., R.N., NE-BC Texas Health Cleburne		<b>Brendy Kirkland</b> B.S.N., R.N. Texas Health Fort Worth		<b>Bestoria Phiri</b> B.S.N., R.N., RNC-OB Texas Health Plano
	<b>Annette Cox</b> M.S.N., R.N., SCR.N Texas Health Resources University		<b>Stephanie Koepke</b> M.S.N., R.N. ACNS-BC, CCRN Texas Health Dallas		<b>Elizabeth Reynolds</b> B.S.N., R.N., RNC-NIC Texas Health Plano
	<b>Boyce Davis</b> B.S.N., ONC Texas Health Dallas		<b>En-Dien "Samuel" Liao</b> B.S.N., R.N., CMSRN Texas Health Fort Worth		<b>Alison Seyfert</b> M.S.N., R.N., CEN Texas Health Fort Worth
	<b>Lucila Duarte</b> M.S.N., R.N., CNL Texas Health Fort Worth		<b>Carmen Lombard</b> B.S.N., CCRN Texas Health Southwest		<b>Sonia Sims</b> M.S.N., R.N., CA-SANE, OCN, Texas Health Arlington Memorial
	<b>Amy Hailey</b> M.S.N., R.N., NEA-BC Texas Health Fort Worth		<b>Rose McCullough</b> B.S.N., ONC CMSRN, LMSW Texas Health Southwest		<b>Shelley Smith</b> B.S.N., RNC-OB, C-EFM Texas Health Resources University
	<b>Makayla Hart</b> B.S.N., R.N. Texas Health Fort Worth		<b>Nikki Meador</b> B.S.N., R.N., OCN Texas Health Dallas		<b>Antionette Stewart</b> B.S.N., R.N. Texas Health Southwest
	<b>Julie Holland</b> M.S.N., R.N. Texas Health Resources		<b>Misty Monastesse</b> M.S.N., APRN, FNP-C Texas Health Huguley		<b>Breeanna "Bree" Taylor</b> , B.S.N., R.N., SCR.N, PCCN Texas Health Fort Worth
	<b>Alicia Hubbard</b> M.S.N., R.N., NE-BC Texas Health Plano		<b>Erin Morehead</b> M.S.N., R.N., FNP-BC Texas Health Southwest		<b>Laura Temme</b> B.S.N., R.N. CCRN-CMC-CSC Texas Health Plano
	<b>Anita Hurtado</b> R.N., CED, CIC Texas Health Kaufman		<b>Ellen Munsterman</b> M.S.N., APRN, AGCNS-BC Texas Health Fort Worth		<b>Deborah Tran</b> M.S., R.N., SCR.N, NE-BC Texas Health Dallas
	<b>Robyn Joslyn</b> M.S.N., R.N., CEN Texas Health Fort Worth		<b>Samantha Pehl</b> D.N.P., R.N., CNM, FNP Texas HealthResources		<b>Ellen Vuong</b> B.S.N., R.N. Texas Health Dallas

Not pictured: Brandon Stark  
B.S.N., R.N. CMSRN, CNML  
Texas Health Plano

## PODIUM PRESENTATIONS

**Brown, D., Texas Health Resources.** Leadership is Taught in the Little Things. The Oaks Fellowship, Royal Ranger Leadership/Mother's Day Tea, Red Oak, Texas, May 2018.

**Brown, H., Texas Health Fort Worth.** Advance Care Planning. Capper Heart Symposium, Fort Worth, Texas, February 2018. Dynamics in Caregiving. For Those Who Care: Logistical and Emotional Support for the Caregiver of the Chronically Ill Conference, Fort Worth, Texas, April 2018. Palliative Care: Evolving Revolution. Federation of Tamil Sangams of North America Conference, Frisco, Texas, June 2018.

**Clark, J., Texas Health Resources.** Connecting with Millennials to Understand the "Why." American Organization for Nurse Executives Annual Meeting, Indianapolis, April 2018.

**Costilla, N.; Cox, A.; Texas Health Dallas.** ERAS – Enhanced Recovery After Surgery. North Texas Academy of Medical Surgical Nurses, Dallas, Texas, April 2018.

**Culver, M., Texas Health HEB.** Minimizing Surgical Site Infections in the Trauma Hip Population. Clinical Nurse Leader Association National Conference, Charlotte, N.C., September 2018.

**Edmonson, C.; Klacman, A.; Stephens, A.; Texas Health Dallas.** The Resuscitation Quality Improvement Program (RQI)<sup>TM</sup>: Our Story. American Heart Association and Laerdal Medical, June 2018.



# INDIVIDUAL ACCOMPLISHMENTS, ACHIEVEMENTS AND RESEARCH

**Forrest, B., Texas Health Arlington Memorial.** Wound Care in Diabetes. American Association of Diabetes Educators Texas State CQI Conference, Austin, Texas, April 2018.

**Fossier, C.; Wells, S.; Texas Health HEB.** Nursing Practice Update for Sotalol Loading and EKG Monitoring. Clinical Nurse Leader Association National Conference, Charlotte, N.C., September 2018.

**Franks, C.; Alexander, R.; Texas Health Alliance.** Delivering of the Promise: Strengthening the CNL Business Case by Creating a Quarterly Micro-System Report that Validates and Documents CNL Influence on Hospital Outcomes. American Association of Colleges of Nursing Clinical Nurse Leader Summit, Anaheim, Calif., February 2018.

**Howard, M.; Varriale, V.; Texas Health Denton.** Impact of Patient-Centered Rounding by the Clinical Nurse Leader and Physician. American Association of Colleges of Nursing Clinical Nurse Leader Summit, Anaheim, Calif., February 2018.

**Marshall, J., Texas Health Dallas.** Geriatric Populations & Caregiver Burden: Strategies and Resources for Acute Care RNs. Allen Chapter of the Academy of Medical Surgical Nurses, Allen, Texas, May 2018.

## Texas Health Hosts Fifth Annual Research Symposium

More than 150 nurses attended the Fifth Annual Texas Health Research Symposium on Aug. 10. Eight posters were featured at the symposium, and 14 Texas Health nurses presented on their projects.



**Mitchell, M.B., Texas Health Resources.** Disaster Management. Summer Institute in Nursing Informatics, Baltimore, Md., July 2018.

**Mundackal, G.; Esquivel, A.; Texas Health Alliance.** CNL-Guided Interprofessional Collaboration to Build a No-Added Cost Palliative Care Service Team. American Association of Colleges of Nursing Clinical Nurse Leader Summit, Anaheim, Calif., February 2018.

**Munsterman, E.; Hodo, A.; Texas Health Fort Worth.** Falls Among Inpatients in Short-Term, Acute Care Environments. National Association of Clinical Nurse Specialists 2018 Annual Conference, Austin, Texas, February 2018.

**Paulos, C., Texas Health Resources.** Improving the Health of Our Senior Community: How Can Faith Community Nursing Help? TAGS Faith Based Bridge Fall Forum, Fort Worth, Texas, October 2018.

**Pinyan, T., Texas Health Cleburne.** A Safe, Cost-Effective Option for Maternity Care: N2O...A Nurse Managed Model. 2018 Texas Association of Women's Health, Obstetric and Neonatal Nurses Convention, Corpus Christi, Texas, August 2018.

**Rhodes, K., Texas Health Southwest.** Preventing Healthcare-Associated Pneumonia in the Non-Ventilated Patient. Premier Breakthroughs Conference, Nashville, Tenn., June 2018.

**Richter-Gifford, B., Texas Health Arlington Memorial.** Using CQI to Impact Diabetes Care. American Association of Diabetes Educators Texas State CQI Conference, Austin, Texas, April 2018.

**POSTER PRESENTATIONS**

**Alexander, R.; Esquivel, A.; Texas Health Alliance.** Get Moving: Mastering Quadruple Aim Through a CNL-Led Interdisciplinary Approach to Increase Mobility of Hospitalized Patients. American Association of Colleges of Nursing Clinical Nurse Leader Summit, Anaheim, Calif., February 2018.

**Bowers, A., Texas Health Fort Worth.** Interdisciplinary Approach to Maintaining Patient Performance Status During Hospitalization. Oncology Nursing Society Annual Congress, Washington, D.C., May 2018.

**Bruton, C.; Cowan, A.; Texas Health HEB.** Practice Makes Perfect: Skills, Simulation and Self-Directed Learning. Spring National Advanced Practice Neonatal Nurse Conference, Portland, Ore., May 2018.

**Bruton, C.; Meckley, J.; Nelson, L.; Texas Health HEB.** NICU Nurses and Families Partnering to Provide Family-Centered Developmental Care. Sigma Theta Tau International Nursing Education Research Conference, Washington, D.C., April 2018.

**Carrizalez, M.; True, B.; Sleutel, M.; Texas Health Arlington Memorial.** Implementing Safe Sleep Recommendations for Vulnerable Infants in the NICU. 2018 Texas Association of Women's Health, Obstetric and Neonatal Nurses Convention, Corpus Christi, Texas, August 2018. 18th National Neonatal Nurses Conference Annual Symposium for Nurse Leaders, New Orleans, September 2018. National Association of Neonatal Nurses 34th Annual Conference, Anaheim, Calif., October 2018.

**Cauley, J., Texas Health Rockwall; Forryan, N., Texas Health Denton; Hillgartner, S., Texas Health Flower Mound; Peterson, J., Texas Health Plano; Norris, T., Texas Health Denton; Wardlaw, K., Texas Health HEB; White, T., Texas Health Dallas.** Promoting Safety Through Technology: Implementation of HER Alert Banner. Obesity Week 2018, Nashville, Tenn., November 2018.

**Duffey, P., Texas Health Specialty Hospital.** Staff Reporting Trends: Is a HRO a Life Raft in the Safety Swamp? American Nurses Credentialing Center Pathway to Excellence Conference®, Palm Beach, Fla., October 2018.

**Gaban, E., Texas Health Plano.** A Pregnant Woman's Challenges with Grade IV Glioblastoma Multiforme. Association of Women's Health, Obstetric and Neonatal Nurses National Conference, Tampa, Fla., June 2018.

**Hampton, M.; Cedillo, V.; Texas Health Fort Worth.** Strategies to Decrease Length of Stay in a Dedicated Observation Unit. American Nurses Credentialing Center Magnet® Conference, Denver, Co., October 2018.

**Inman, F., Texas Health Stephenville.** The Impact of Simulation on Rural, Perinatal Competence and Team Cohesion in Newborn Resuscitation. Academy of Neonatal Nurses Conference, New Orleans, La., September 2018.

**Loggins, J., Texas Health Fort Worth.** Integrating the Confusion Assessment Method (CAM) Tool in Routine Nursing Assessments to Detect Delirium Among Medical-Surgical Patients. American Nurses Credentialing Center Magnet® Conference, Denver, Co., October 2018.

**Marshall, J.; Cooper, S.; Texas Health Dallas.** Perianesthesia Nurses' Survey of Their Knowledge and Practice with Obstructive Sleep Apnea. Sigma Theta Tau, The University of Texas at Arlington, Arlington, Texas, March 2018.

**Martinez, I., Texas Health Stephenville.** Community Collaboration – The Days of Us and Them are Over. Texas Organization of Nurse Executives, Dallas, Texas, February 2018.

**Newcomb, P., Texas Health Fort Worth.** Adult Asthma Disparities in North Texas. Good Samaritan Foundation Conference, The University of Texas Medical Branch, Galveston, Texas, October 2018.

**Owoyele, A., Texas Health Dallas.** Predicting Patient Violence Using the BrØset Checklist. American Nurses Credentialing Center Magnet® Conference, Denver, Co., October 2018.

**Radcliffe, K.; Back, A.; Cantu, D.; Cason, N.; Newman, A.; Price, D.; Pylant, E.; Quirl, D.; Wellborn, R.; Texas Health Stephenville.** Re-Education Leads to Decreased Falls, Texas Organization of Nurse Executives, Dallas, Texas, February 2018.

**Raquepo, F., Texas Health Fort Worth.** Developing a Tool to Assess Influences on Maternal Feeding Decisions in the NICU. National Association of Neonatal Nurses 34th Annual Conference, Anaheim, Calif., October 2018.

**Richter-Gifford, B., Texas Health Arlington Memorial.** Start the Clock: Improving Inpatient Hypoglycemia Care. American Association of Diabetes Educators National Conference, Baltimore, Md., August 2018.

**Mural Features 20,000 Medication Caps**

*After spending two years collecting about 20,000 medication caps with her co-workers, Mindy Hamilton, R.N., Texas Health Dallas, created a stunning mural as a conversation piece for employees and patients. Mindy spent a year and a half – plus eight very large bottles of glue – creating the mural.*







**Stabell Tran, D., Texas Health Dallas.** Predictor of EEG Use in Acute Stroke. NEWFAST: New Stroke Identification Tool. International Neuroscience Nursing Research Symposium, Dallas, Texas, August 2018.

**Templin, K.; Ryan, J.; Texas Health Fort Worth.** Stroke Clinicians: A New Role for Specialized Stroke Nurses. American Nurses Credentialing Center Magnet® Conference, Denver, Co., October 2018.

**Whitener, G., Texas Health Fort Worth.** Improving Sepsis in ICU. American Association of Colleges of Nursing Clinical Nurse Leader Summit, Anaheim, Calif., February 2018. National Teaching Institute, Boston, Mass., May 2018.

**WEBINAR PRESENTATIONS**

**Edmonson, C., Texas Health Dallas.** Inter-Professional Education and Teamwork: What? When? How? Nurse.com, June 2018.

**AWARDS AND RECOGNITION**

**Cathy Glenn, B.S.N., R.N., CEN, TCRN, Texas Health Dallas.** Garland Police Department's Citizen Award of Merit.

**Jackie Gomez, B.S.N., R.N., OCN, Texas Health Fort Worth.** Fort Worth Regional Chapter of the Oncology Nursing Society Oncology Nurse of the Year.

**Anthony Karanja, B.S.N., R.N., Texas Health Dallas.** Dallas-Fort Worth Hospital Council Employee of the Year.

**Brendy Kirkland, B.S.N., R.N., Texas Health Fort Worth.** Dallas-Fort Worth Hospital Council Employee of the Year.

**Alex Klacman, M.D.N., Ed., RN-BC CV, CCRN; Cole Edmonson, D.N.P., R.N., FACHE, NEA-BC, FAAN; Texas Health Dallas.** American Heart Association's Resuscitation Quality Improvement® Pioneer Award.

**Cheryl Mart, M.S.N., RN-BC, CCAP, Texas Health Resources.** 2018 Blue Zones Community Impact Award.

**LEADERSHIP**

**Elizabeth Asturi, M.S.N., R.N., NE-BC, Texas Health HEB.** President, North Texas Organization of Nurse Executives.

**Martha Bird, M.S.N., R.N., Texas Health Allen.** Member, Membership Committee, North Texas Organization of Nurse Executives.

**Yolanda Blaine, M.S., R.N., Texas Health Dallas.** Member, advisory board, North Texas Organization of Nurse Executives.

**Denise Brown, M.S.N.-ED, RN-BC, Texas Health Resources.** Chairperson, ADN Advisory Council, Navarro College.

**Hospitals Earn Pathway to Excellence® Re-Designation**

*Four Texas Health hospitals received Pathway to Excellence® re-designation in 2018: Texas Health Alliance, Texas Health Cleburne, Texas Health Stephenville and Texas Health Denton. The American Nurses Credentialing Center Pathway to Excellence® program recognizes a health care organization's commitment to creating a positive practice environment that empowers and engages staff.*

**Mary Carrizalez, M.B.A., B.S.N., R.N., CCRN, Texas Health Arlington Memorial.** Member, board, and vice chair, Association of Women's Health, Obstetric and Neonatal Nurses, Cowtown Chapter.

**Joan Clark, D.N.P., R.N., NEA-BC, CENP, FACHE, FAAN, Texas Health Resources:**

- Commissioner appointed by the American Hospital Association, The Joint Commission
- Member, Audit and Firewall Oversight Committee, The Joint Commission
- Immediate Past President; member, Nominations Committee; member, CEO Search Committee; American Organization of Nurse Executives
- Member, Council for the Advancement of Nursing Science; advisor, Fellow Selection Committee; member, Audit and Firewall Committee; American Academy of Nursing
- Magnet® appraiser, American Nurses Credentialing Center
- Member, advisory board, Texas Tech University
- Reviewer, Foster McGaw Award, American Hospital Association
- Member, Communications Committee; editor, North Texas American College of Healthcare Executives Publication; American College of Healthcare Executives, North Texas Chapter

- Member, advisory committee, University of Iowa CNL
- Member, Editorial Advisory Board, *American Nurses Today*
- Member, advisory board, Texas Christian University
- Member, advisory board, Versant Corporation
- Member, Nursing Advisory Council, Press Ganey

**Sheryl Compton, R.N., OCN, Texas Health Fort Worth.** President, Oncology Nursing Society, Fort Worth Regional Chapter.

**Monica Cordova, B.S.N., R.N., OCN, Texas Health Fort Worth.** Treasurer, Oncology Nursing Society, Fort Worth Regional Chapter.

**Zylo Corley, B.S.N., R.N., Texas Health Dallas.** Member, board, Texas Nurses Association. Advocate/mentor, Texas Peer Assistance Program for Nurses.

**Michael Culver, M.S.N., R.N., CNL, Texas Health HEB.** Treasurer, Clinical Nurse Leader Association.



**Nurses Found New Chapter of Professional Organization**

*As Texas Health Allen nurses worked to obtain their medical surgical certification in 2018, a group of them decided to form a new chapter of the Academy of Medical Surgical Nurses. Four Texas Health Allen nurses took on leadership roles in the new Collin County, Allen Area Chapter #632 of the academy: (back row, left to right) Stacey Rowland, B.S.N., R.N., CMSRN, IT/Marketing; and Beena Sajith, M.S.N., R.N., CMSRN, treasurer; (front row, left to right) Tiffany Guzman, B.S.N., R.N., CMSRN, president; and Susanna Russell, B.S.N., R.N., CMSRN, vice president.*



**Cynthia Ekes, B.S.N., M.L.A., R.N., NEA-BC, Texas Health Dallas.** Member, advisory board, North Texas Organization of Nurse Executives.

**Cole Edmonson, D.N.P., R.N., FACHE, NEA-BC, FAAN, Texas Health Dallas.** Board member, Region 7, board member, Regional Policy Board, American Organization of Nurse Executives; board member, American Heart Association: Resuscitation Quality Improvement® Executive Advisory Board.

**Cory Franks, M.S.N., R.N., CNL, Texas Health Alliance.** Chair, National Chapter Development, Clinical Nurse Leader Association; Member, CNL Summit Planning Committee, American Association of Colleges of Nursing.

**Tiffany Guzman, B.S.N., R.N., CMSRN, Texas Health Allen.** President, Academy of Medical Surgical Nurses, Collin County, Allen Area Chapter.

**Michelle Hampton, Ph.D., R.N., NEA-BC, Texas Health Fort Worth.** Delegate, House of Delegates, Texas Nurses Association, District 3.

**Geneva Henry, B.S.N., R.N., CNOR, Texas Health Dallas.** Member, Nominating Committee, Association of periOperative Nurses, Dallas Chapter #4403.

**Janet Hicks, M.S.N., RN-BC, Texas Health Arlington Memorial.** Treasurer, DFW Association for Nursing Professional Development.

**Marsha Howard, M.S.N., R.N., CNL, CCAP, Texas Health Denton.** President, North Texas Clinical Nurse Leader Association.

**Cheryl Mart, M.S.N., RN-BC, CCAP, Texas Health Resources.** Board member, Faith Based Outreach, Blue Zones Project; board member, Dementia Friendly Fort Worth.

**Tricia McCaslin, M.S.N., R.N., CCRN, CNE, Texas Health Allen.** Member, Education Committee, North Texas Organization of Nurse Executives.

**Kelle McGough, M.S.N., R.N., CNML, Texas Health Dallas.** Member, board, North Texas Organization of Nurse Executives.

**Paula Miller, M.S.N., R.N., Texas Health Resources.** Member, Marketing and Guidance Committee, Health Ministries Association.

**Anita Mitchell, R.N., CNOR, Texas Health Arlington Memorial.** Member, Nursing Board, Tarrant Area Gerontological Society.

**Mary Beth Mitchell, M.S.N., R.N., BC, CPHIMS, Texas Health Resources.** Co-chair, Alliance for Nursing Informatics.

**Karla Myers, B.S.N., R.N., CNOR, Texas Health Allen.** Member, Nominating Committee, Association of periOperative Nurses, Dallas Chapter.

**Tanna Nelson, M.S.N., RN-BC, CPHIMS, Texas Health Resources.** President, American Nursing Informatics Association, Dallas Fort Worth chapter.

**Joni Padden, D.N.P., APRN, BC, Texas Health Resources.** Member, Nursing Informatics Committee, Healthcare Information and Management Systems Society; clinical lead, Dallas-Fort Worth Hospital Council Sepsis Strike Force; secretary, American Nursing Informatics Association, Dallas Fort Worth chapter.

**Caryn Paulos, M.S.N., RN-BC, Texas Health Resources.** President, Texas Health Ministry Network.

**Michelle Pecenka, B.S.N., R.N., Texas Health Allen.** Member, advisory board; chair, Communication Committee; North Texas Organization of Nurse Executives.

**Erin Prendergast, B.S.N., R.N., CBCN, Texas Health Dallas.** Board member, The Bridge Breast Network of Dallas.

**Ashley Reese, B.S.N., R.N., Texas Health Fort Worth.** Chair, Social Media, Oncology Nursing Society, Fort Worth Regional Chapter.

**Melissa Reyna, M.P.H., R.N., ICCE, Texas Health Resources.** Inaugural member, Dallas-Fort Worth Hospital Council Foundation's Health Literacy Collaborative.

**Betsy Richter-Gifford, B.S.N., R.N., CDE, Texas Health Arlington Memorial.** Member, state board, American Association of Diabetes Educators; chair, American Association of Diabetes Educators North Texas Local Networking Group; member, State Conference Planning Committee, American Association of Diabetes Educators.

**Michel Roberts, B.S.N., R.N., VA-BC, Texas Health Arlington Memorial.** President, Infusion Nurses Society, DFW Longhorn Chapter.

**Stacey Rowland, B.S.N., R.N., CMSRN, Texas Health Allen.** Chair, IT/Marketing Committee, Academy of Medical Surgical Nurses, Collin County, Allen Area Chapter.



**D Magazine Recognizes Five Nurses for Nursing Excellence**

*2018 Excellence in Nursing Awards (pictured, left to right):*

- Abimbola “Bola” Owoyele, R.N., nurse supervisor, Adult Psych Jackson 5E/W – Finalist in “Direct Care” category*
- Cindy Ekes, R.N., nursing director, Med-Surg Acute/Oncology – Finalist in “Leadership” category*
- Flame Uytico, M.S.N., R.N., CNL, CEN, SCR.N, clinical nurse leader, Hamon 4 North – Finalist in “Direct Care” category*
- Sajith Sasidhar, R.N., nurse supervisor, Adult Psych Jackson 5E/W – Finalist in “Direct Care” category*
- Not pictured: Alessondra Vaughn, R.N., clinical nurse leader, Hamon 2 North – Finalist in “Direct Care” category*



**Susanna Russell, B.S.N., R.N., CMSRN, Texas Health Allen.** Vice president, Academy of Medical Surgical Nurses, Collin County, Allen Area Chapter.

**Beena Sajith, M.S.N., R.N., Texas Health Allen.** Treasurer, Academy of Medical Surgical Nurses, Collin County, Allen Area Chapter.

**Deborah Stabell Tran, M.S., R.N., SCR.N, NE-BC, Texas Health Dallas.** Member, Faculty Advisory Board, Grand Canyon University.

**Julie Summers, B.S.N., R.N., OCN, Texas Health Fort Worth.** Co-chair, chapter newsletter, Oncology Nursing Society, Fort Worth Regional Chapter.

**Barbara True, M.N., CNS, RNC-OB, E-EFM, Texas Health Arlington Memorial.** Peer reviewer, American Academy of Family Physicians, Advanced Life Support in Obstetrics.

**Jamie Sue Waugh, M.S.N., R.N., CWON, NE-BC, Texas Health Fort Worth.** Secretary, Wound Ostomy Continence Nurses Society, South Central Region.

**Patricia Yancey, R.N., CEN, Texas Health Arlington Memorial.** President, Tarrant County Emergency Nurses Association; chair-elect, Trauma Committed for Texas Emergency Nurses Association; 2018 delegate for Texas Emergency Nurses Association at National Emergency Nurses Association Conference.

**PUBLICATIONS**

**Brockman, V., Texas Health Cleburne; Claussen, D., Texas Health Kaufman; Slatton, K., Texas Health Alliance; Winans, M., Texas Health Denton.** Nurse Leaders Drive Excellence Amid Chaos, *Nurse Leader*, December 2018.

**Bruton, C.; Meckley, J.; Nelson, L.; Texas Health HEB.** NICU Nurses and Families Partnering to Provide Neuroprotective Family-Centered Developmental Care, *Neonatal Network*, Vol. 37, No. 6.

**Cooper, S.; Preston, N.; Costilla, N.; Texas Health Dallas.** Pain Control: Cruising Down the ERAS Pathway, *Outpatient Surgery Magazine*, September 2018.

**Edmonson, C.; Marshall, J.; England, V.; Texas Health Dallas.** A Nurse Manager’s Guide to Nurse Retention, *HcPro*, July 2018.



**Stroke Clinicians Pioneer New Care Model**

*Texas Health Fort Worth, which treats more stroke patients than any other hospital in North Texas, has five full-time and three PRN nurses who specialize in stroke care and serve as stroke clinicians. It is the only such program in the country, with stroke clinicians providing immediate care for stroke patients.*

*Pictured: (back row, left to right) Colleen Rudnick, R.N.; Sarah Armendarez, M.S.N., APRN, AGACNP-BC, NVRN-BC, SCR.N; Erica McDonald, B.S.N., R.N.; and Leora Joiner, M.S., B.S.N., R.N., CCRN, (front row, left to right) Courtney Molinar, B.S.N., R.N.; Tina Berman, B.S.N., R.N., CCRN, CNRN; Acacia Garcia, B.S.N., R.N.; and Bree Taylor, B.S.N., R.N., PCCN, SCR.N.*

**Erwin, A.; Noble, K.; Marshall, J.; Cooper, S.; Texas Health Dallas.** Perianesthesia Nurses’ Survey of Their Knowledge and Practice with Obstructive Sleep Apnea, *Journal of Perianesthesia Nursing*, April 2018.

**Gaban, E.; Phiri, B.; Texas Health Plano.** A Pregnant Woman’s Challenges with Grade IV Glioblastoma Multiforme, *Journal of Obstetric, Gynecologic & Neonatal Nursing*, June 2018.

**Hampton, M.; Harfield, C.; Texas Health Fort Worth.** Implementation of a Hospital Dismissal Lounge to Improve Patient Flow, *Nursing Management*, September 2018.

**Hampton, M.; Newcomb, P.; Texas Health Fort Worth.** Self-Efficacy and Stress in Adult Informal Caregivers of Individuals at End of Life, *Journal of Hospice and Palliative Care Nursing*, October 2018.

**Kelly, P.; Classen, K.; Crandall, C.; Crenshaw, J.; Schaefer, S.; Wade, D.; Cramer, M.; Aryal, S.; Fossee, K.; Texas Health Dallas.** Effect of Timing of the First Bath on a Healthy Newborn’s Temperature, *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, October 2018.

**Lopez, P.; Blair, S.; Texas Health Fort Worth.** Coordinating Family and Medical Leave, *Nursing Management*, March 2018.

**Mayhan, J., Texas Health Fort Worth.** The Social Media Conundrum, *Nursing Management*, January 2018.

**Miles, G.; Olmos, M.; Trotter, E.; Newcomb, P.; Texas Health Fort Worth.** Teaching Nurses How to Infiltrate Lacerations in the Emergency Department, *Journal of Emergency Nursing*, September 2018.

**Morelock, S.; Walsh, J.; Russe, C.; Nava, A.; Texas Health Plano; Newcomb, P., Texas Health Fort Worth; Domingue, S., Texas Health Resources.** Beyond Fall Risk Assessment: A Case Control Study in an Urban Medical Center, *Journal of Clinical Nursing*, July 2018.

**Munsterman, E.; Hodo, A.; Newcomb, P.; Texas Health Fort Worth.** Factors Associated with Falls Among Hospital Inpatients, *Nursing Management*, November 2018.

**Padden, J.; Nelson, T.; Texas Health Resources.** Clinical Decision Support chapter contribution, *Clinical Informatics for the Advanced Practice Nurse*, 2nd edition.

**Rust, L., Texas Health Resources.** Streamlining Vital Sign Documentation, *Information Technology Academy*, July 2018.

**Sanchez, H.; Davis, J.; Fairbanks, C.; McWilliam-Ross, K.; Texas Health Fort Worth.** Impact of Bone Mineral Density Measured by Quantitative Ultrasound of the Heel and Vitamin D Levels on Hip Fracture Patients Aged 55 or Greater: An Analysis of 1,030 Patients, *Archives of Bone and Joint Surgery*, 2018.

**Sleutel, M.; Bullion, J.; Sullivan, R.; Texas Health Arlington Memorial.** Tools of the Trade: Improving Nurses’ Ability to Access and Evaluate Research, *Journal of Nursing Management*, March 2018.

**Sleutel, M., Texas Health Denton; True, B., Texas Health Arlington Memorial; Gustis, H., Texas Health Cleburne; Baldwin, K., Texas Health Resources; Early, B., Texas Health Allen.** Response to a National Issue: Moving Beyond “Back to Sleep” at Three Hospitals, *Journal of Pediatric Nursing*, August 2018.

**South, R., Texas Health Plano; Canon, L., Texas Health Fort Worth; Eidson, S., Texas Health Resources; Schaedler, V., Texas Health Plano.** Baby Steps to Home – 2nd Edition, National Association of Neonatal Nurses’ website, March 2018.

**Thomas, D.; Newcomb, P.; Texas Health Specialty Hospital; Fusco, P., Texas Health Resources.** Perception of Caring Among Patients and Nurses, *Journal of Patient Experience*, Aug. 21, 2018.



RESEARCH

Bare Below the Elbows – Greenshield, K.; Baldwin, K.; Texas Health Southwest.

Collaborative Bedside Rounding in the Long-Term Acute-Care Hospital – Thomas, D.; Newcomb, P.; Texas Health Specialty Hospital.

Comforting Hospitalized Patients with Dementia - Munsterman, E.; Newcomb, P.; Texas Health Fort Worth; Peterson, S., UT-Tyler; Baldwin, K., Texas Health Southwest; Thomas, D.; Patterson, R.; Texas Health Specialty Hospital.

Effects of Limiting Work-Related Electronic Communication When Off Duty for Nurse Leaders - Gardener, C.; Hailey, A; Prichard, H.; Newcomb, P.; Texas Health Fort Worth.

Effects of PICC Team Placement of Peripheral IVs – Hunchusky, C.; Myers, H.; Newcomb, P.; Texas Health Fort Worth.

Effects of a Robotic Pet on Behavior of Patients with Dementia – Thomas, D.; Patterson, R.; Texas Health Specialty Hospital.

Lift us Higher: Using the IVEA for Safe Patient Handling While Increasing Patient Mobility and Improving Patient Outcomes – Hernandez, J.; Anthony, M.; Bishop, M.; Cartwright, K.; Davis, C.; Goodell, O.; Presley, C.; Baldwin, K.; Texas Health Southwest.

Perception of Caring Among Patients and Nurses - Thomas, D.; Newcomb, P.; Texas Health Specialty Hospital. Fusco, P., Texas Health Resources.

Positioning for Health: Effects of Eating in the Conventional Upright Position at Table on Outcomes of Older Adult Patients in Acute-Care Hospital Environments – Munsterman, E.; Newcomb, P.; Texas Health Fort Worth. Sosebee, T.; Penrod, A.; Texas Health Azle.

Relationship Between Clinical Rounding Practices and Patient Perception of Communication in the ICU – Simon, K.; Sankara, I.; Newcomb, P.; White, J.; Texas Health Fort Worth.

Relationship Between Sepsis Safety Alerts and Clinical Outcomes in a Rural Emergency Department – Newcomb, P.; Callahan, R.; Texas Health Azle.

Sonogram-Guided Placement of Peripheral IVs by Nurses in a Small ED – Potter, R.; Stuntz, T.; Newcomb, P.; Texas Health Azle.

Start the Clock: Improving Inpatient Hypoglycemia Care – Richter-Gifford, B., Texas Health Arlington Memorial.

Timing of Baby’s First Bath: Effect on Thermoregulation as Measured by Skin and Axillary Temperatures – Classen, K.; Kelly, P.; Crandall, C.; Cramer, M.; Schaefer, S.; Crenshaw, J.; Woodford, L.; Texas Health Dallas.

Using a Small Group Preceptorship Model for New Graduate Nurse Orientation – Hampton, M.; Newcomb, P.; Texas Health Fort Worth.

Brigette Adams Named 2018 Rose Award Winner

Texas Health Allen’s Brigette Adams, B.S.N., R.N., won the 2018 Rose Award, annually awarded to an Emergency Department nurse who provides outstanding experiences to their patients. A Texas Health honor, the Rose Award is named in honor of Lindy Rose, R.N., past director of Emergency Services at Texas Health Fort Worth.



Texas Health Resources

Texas Health Resources is a faith-based, nonprofit health system committed to providing quality, coordinated care to the people of North Texas. With a service area that consists of 16 counties and more than 7 million people, the system includes Texas Health Physicians Group and 28 hospital locations under the banners of Texas Health Presbyterian, Texas Health Arlington Memorial, Texas Health Harris Methodist and Texas Health Huguley.

Texas Health access points and services range from acute-care hospitals and trauma centers to outpatient facilities and home health and preventive services to provide the full continuum of care for all stages of life. The system has more than 4,000 licensed hospital beds, 6,200 physicians with active staff privileges and more than 25,000 employees. For more information about Texas Health, call 1-877-THR-WELL, or visit TexasHealth.org.



TEXAS HEALTH NURSING BY THE NUMBERS 2018

6,946 Registered Nurses at 14 wholly owned hospitals

198 Texas Health Physicians Group Nurse Practitioners

31 Sexual Assault Nurse Examiners (SANEs)

383 Versant New Graduate Nurse Residents

100+ Faith Community Nurses

900+ Central Staffing Office employees

1,136 Nursing Career Advancement Program participants

14 TCU Evidence Based Practice Fellows

61 Nursing Research Studies

34 Nurses honored as DFW Great 100 Nurses

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OUR VISION: PARTNERING WITH YOU FOR A LIFETIME OF HEALTH AND WELL-BEING.™



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