

In Touch

TEXAS HEALTH RESOURCES FOUNDATION

SUMMER 2018

Texas Health Fort Worth Boots
Up for \$300 Million Expansion

Donor Spotlight:
Jane & John Justin Foundation

▶ Neonatal ICU Expansion
at Texas Health Plano

▶ Health Shots: Puttin' on the Pink,
Little Black Dress

Dear Friends

As summer begins to wind down, we are more than halfway through the year, and we could not be more appreciative of the generosity from our loyal supporters. As evidenced throughout these pages of *In Touch*, our health system is furthering its impact and mission in our communities, thanks to you.

A significant example of this is the expansion and modernization of a patient surgical tower at Texas Health Harris Methodist Hospital Fort Worth. We are extremely proud that the Jane & John Justin Foundation saw the importance of this need for our community and through their lead gift, this tower will bear the legendary name of the Justins. You can read all about this on page 4, followed by Jane and John Justins' legacy, highlighted on page 6.

The Traugher family is also carrying on the legacy of their son by providing the gift of comfort to other NICU families who have experienced the loss of a child. Their inspirational story of generosity and hope can be found in our Healing Hands section.

Gifts like these are helping to make the difference for our North Texas neighbors. And with our patients and the community top of mind, we continue to have needs that require philanthropic support, like the NICU renovation and enhancement at Texas Health Plano. The hospital recently earned the state's highest designation – Level IV – for its NICU and demand for service is expected to grow. In response to these needs, our primary focus will be to add a family center with eight sleep rooms to the existing facilities. For more on this project and how you can help, check out page 13.

As we continue to strive to make the difference, we all have that opportunity on September 20 to do it together. Our Foundation is so pleased to be participating again in North Texas Giving Day and being a part of such a momentous giving day. We thank you for your giving spirit and your loyalty to Texas Health.

Sincerely,



James K. (Jay) McAuley
President
Texas Health Resources Foundation



Bill M. Lamkin
Chair, Board of Trustees
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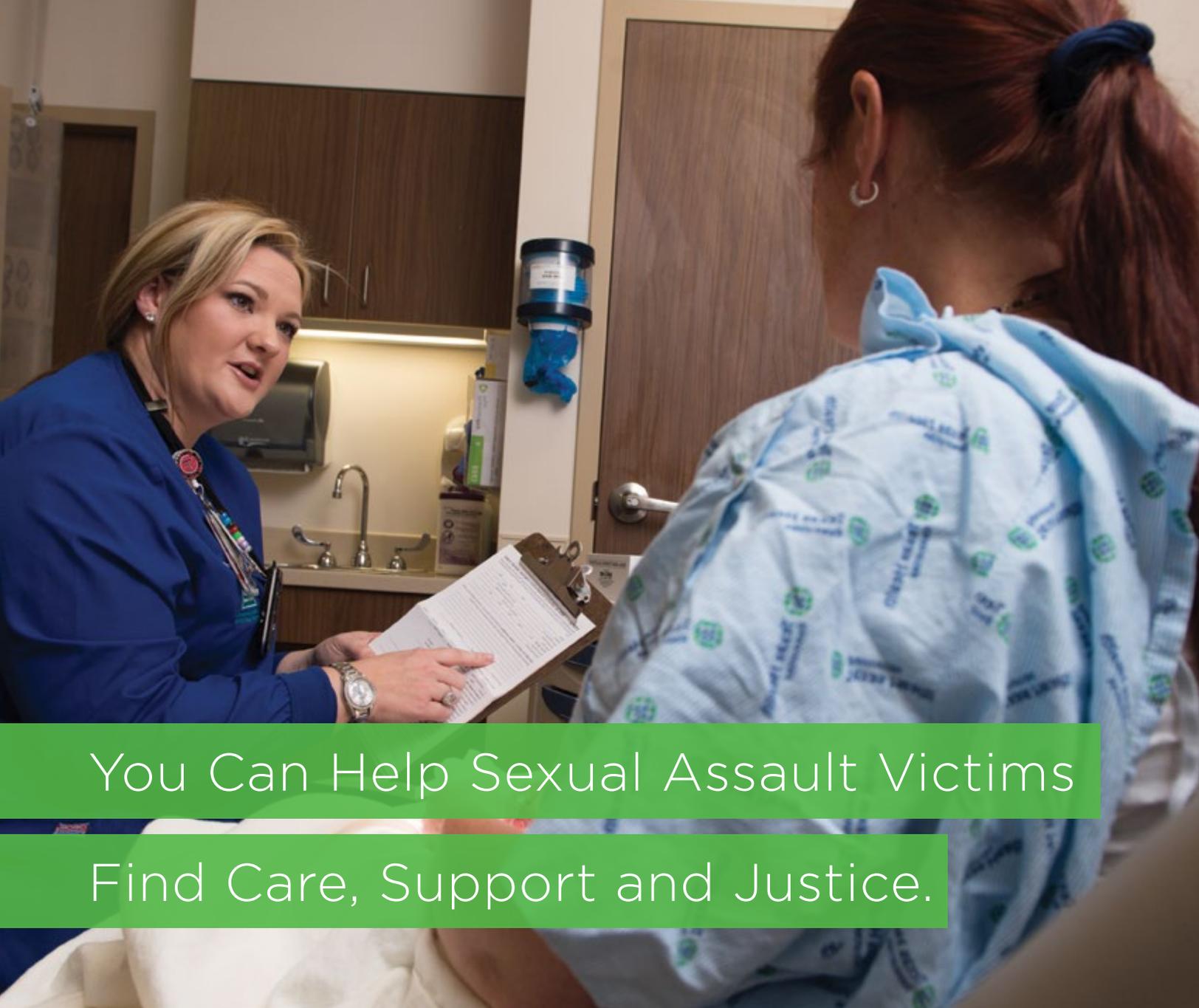
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You Can Help Sexual Assault Victims Find Care, Support and Justice.

After the physical and psychological trauma of a sexual assault, women need someone they can trust by their side.

At Texas Health Resources, we have expanded our Sexual Assault Nurse Examiner (SANE) Program to ensure women in our community won't stand alone. We offer SANE Programs at ten of our Texas Health hospitals where nurses can provide specialized medical care and emotional support to victims while collecting crucial forensic evidence for law enforcement.

Through the generous gifts of donors like you, Texas Health can help more women across North Texas receive compassionate care when they so urgently need it.

[Learn More or Donate at TexasHealth365Fund.com](https://www.texashealth365fund.com)

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In Touch is published by Texas Health Resources Foundation.

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Heard Around the System

"We are very thankful and appreciative of the team of nurses who cared for my spouse during an outpatient visit a couple of weeks ago. Nurses Heidi, Ruthann and another medication nurse, whose name I cannot recollect, went above and beyond while caring for my spouse. Thanks to their care, concern and knowledge, my spouse has recovered completely and is healthy. Thank you very much and all the best!"

— Texas Health Harris
Methodist Hospital
Southwest Fort Worth

"We had the pleasure of having Leigh Ann as our nurse in the maternity section on the fourth floor over the past few days. We are adoptive parents, so we were with the birth mom at the delivery and time after the birth. Leigh Ann was so sensitive and sweet during this time and made sure everyone was cared for. She was not only excellent at her job, but went above and beyond to make sure we were comfortable and that our little girl was cared for. We are so appreciative of her kindness and professionalism! Thank you."

— Texas Health Presbyterian Hospital Plano

"My dad was recently in the telemetry area. He was transferred to skilled nursing today. I would like to let you know that nurse Anthony was great and the nurse tech Franeta was super...they made a great team and were just wonderful. My dad was very confused, and I think Anthony's caring and kindness contributed to his recovery. Franeta is supertech, and I know she will make a great nurse when she graduates from the nursing program. I wish all the staff were as competent and nice and kind and caring as Anthony and Franeta. I don't know how the hospital rewards exceptional staff, but these two deserve some recognition."

— Texas Health Presbyterian Hospital Dallas



Let's Get Social!

Follow Texas Health Resources Foundation on Facebook and Instagram for exclusive access to event photos, contests and behind-the-scenes content that provides a glimpse into how your support of the Foundation makes an impact on our community.





Texas Health Fort Worth Boots Up for \$300 Million Expansion to Address Population Growth and Expand Capacity of Complex Cases

Jane & John Justin Foundation makes lead naming gift

Since opening its doors in 1930 under the leadership of Dr. Charles Harris and the Methodist church, Texas Health Harris Methodist Hospital Fort Worth has provided advanced clinical services delivered with compassion and commitment to Tarrant County and surrounding communities. Located in the heart of the Fort Worth medical district, the hospital takes care of the most complex and highest acuity cases. As the flagship within the Texas Health Resources system, it serves more patients and performs more surgical cases than any other Texas Health hospital.

Fort Worth ranks seventh in population growth of all U.S. cities. Texas Health Fort Worth's service area includes numerous other growing cities in the western part of the Metroplex. In all, the hospital serves residents from 42 ZIP codes with a population of more than 1 million people in five

counties. Texas Health Fort Worth is feeling the effects of this rapid population growth coupled with its demand for health care.

As a promise to grow with the population to ensure the community has access to the highest quality medical care close to home, Texas Health recently announced a \$300-million expansion of Texas Health Fort Worth that will feature a nine-story patient bed tower and major modernization of surgical services. It is the largest construction project in the history of the Texas Health system.

"We've always been committed to providing compassionate, advanced care for the people we serve, and we proudly do that every day," said Joseph DeLeon, president of Texas Health Fort Worth. "But the communities we serve have grown by almost 300,000 in the past 15 years, meaning we have to grow as well. We want to be able to



“With this new tower, we’re expanding our capacity for more complex procedures and advanced care, which lets people in Fort Worth and nearby communities stay close to home when they need care.”



provide care to anyone who comes to us in their time of need.”

The project will also rely on philanthropic support from the community to bring this project to fruition. The Jane & John Justin Foundation saw the need and vision of this expansion and modernization early on and knew it was something that the Justins would have fully been on board with in their commitment to bettering Fort Worth. Through their lead gift, the new tower will be called the Jane & John Justin Patient Surgical Tower.

“We are extremely humbled by this gift and grateful to the Justin Foundation for its generosity and support at the onset of this important project,” said Barclay Berdan, FACHE, CEO of Texas Health. “Having such a prominent and well-respected name as Justin on our patient surgical tower further validates our commitment to Fort Worth and the

communities we serve. And it reflects the Foundation’s commitment to Jane and John’s legacy of giving back to Fort Worth.”

The tower will add 144 patient beds, 15 surgical suites, and a new pre-operative and post-operative services area to the Texas Health Fort Worth campus. Texas Health leaders emphasized the need for the new surgical patient tower, with the Fort Worth facility routinely at maximum capacity. The tower’s surgical suites are expected to increase the hospital’s daily surgical capacity by almost 30 percent. These new operating rooms will be focused on advancing the hospital’s trauma care, kidney transplant program, and its capabilities in neurosurgery, cardiovascular surgery and surgical oncology.

As the area’s population has grown over the years, so has Texas Health Fort Worth. Today, the 720-bed facility is the fourth-busiest hospital in Texas and cares for more stroke patients than any other in the state. The hospital also ranks second in neurology and third in cardiology cases overall in Texas. And its Level II trauma center, one of only two in Tarrant County, serves 23 counties west of Fort Worth.

“With this new tower, we’re expanding our capacity for more complex procedures and advanced care, which lets people in Fort Worth and nearby communities stay

close to home when they need care,” added Berdan.

The Jane & John Justin Patient Surgical Tower will enhance the hospital’s quality medical care by offering patients and families spaces that are conducive to healing, safety and well-being. Design elements will include the use of natural light, indoor and outdoor spaces for visitors, artwork and a home-like soothing environment. Uplifting public areas will create a warm and welcoming environment easing stress for patients and their families. There will also be family-centered rooms so loved ones can stay close to the patients.

The tower will include space for support services and two floors of shell space to accommodate future expansions. Additional parking will be added to accommodate current and future needs.

Construction on the Jane & John Justin Patient Surgical Tower is expected to start in mid-2018 and be completed by late 2021. **For more information on how you can support this important expansion and modernization of the hospital, please contact Laura McWhorter at 682-236-5235 or LauraMcWhorter@TexasHealth.org.**

Read more on the next page about how the Justin Foundation is carrying on the legacy of Jane and John Justin.

Donor Spotlight

Jane & John Justin Foundation

Carrying on the Justins' legacy, one gift at a time



Jane and John Justin

Making an impact. Furthering Fort Worth. Creating a legacy. Innovator.

If you ask about Jane and John Justin, these are just a few of the many common descriptors you will hear about them. These are also the guiding principles the Board of the Jane & John Justin Foundation follows when representing the couple in its philanthropic endeavors to benefit the Fort Worth community. The Foundation's sole mission statement is a simple question: *Would Jane and John do this?*

So when the Justin Board first heard of the expansion and modernization of the patient surgical tower at Texas Health Harris Methodist Hospital Fort Worth, it was a question they posed when making its lead philanthropic commitment, one of the largest gifts ever given by the Justin Foundation. And one that would bear the name of the late civic and business leader and his wife of almost 50 years through this lead gift.

"When I think of leadership and bold thinking, John is the first person who comes to mind," said J.T. Dickenson, president of the Jane & John Justin Foundation, and best friend of John's. "Our job is to ensure that the Foundation carries on that legacy, along with Jane and John's commitment to giving back. We think this project does just that."

The Justin Foundation was created to extend the legacy of the Justins and their commitment to improving the lives of Fort Worth residents. Jane always volunteered her time and focused on helping kids, and if Jane wanted to do it, John would do it. He was a businessman, first and foremost, who continually gave his leadership and insight. There was a strong parallel to John Justin the philanthropist and John Justin the businessman when it came to making an impact.

"John could see things down the road that others couldn't," said Roy Topham, executive director of the Justin Foundation. "He was a visionary, looking into the future and anticipating the needs of his business. He also did that with his philanthropic work to support projects and organizations in Fort Worth."

“When I think of leadership and bold thinking, John is the first person who comes to mind. Our job is to ensure that the Foundation carries on that legacy, along with Jane and John’s commitment to giving back. We think this project does just that.”

Under the leadership and guidance of John, Justin Industries became a \$600 million enterprise that included Acme Brick and the Justin Boot Company. John grew the companies rapidly throughout the country because of innovative techniques. In the late 1970s, it was a new stitching technology that caught his eye. By that time, his company’s Justin boots were already widely known in the U.S. for quality, durability and creative designs. But this new system had the promise of improving the things Justin customers loved about their boots, and with that, it meant big changes for the company, started by John’s grandfather in a dusty trail town in North Texas in 1879.

“It meant updating and replacing machinery in the factories and also training employees in the new system,” said Dickenson. “But John was an innovator and saw that it had the potential to improve productivity and quality – and ultimately grow the company here in Fort Worth and other parts of Texas. In the end, he was right. It helped Justin boots become world famous.”

As Justin Boot Company was expanding, John also served as mayor of Fort Worth, and Jane furthered her support of educational programs and children with needs. They felt it was important to give to groups with a good work ethic, and John had a strong affinity for Western heritage projects. With this top of mind, the Justin Foundation has supported programs and facilities at Texas Christian University, Cook Children’s, the Southwestern Stock Show & Rodeo, and the Jane Justin School at the Child Study Center.

The Justins also had tremendous respect for medicine and health care professionals. They wanted the best health care for Fort Worth residents. And as the innovative thinker that John was, the Justin Foundation Board knew that the patient surgical tower at Texas Health Fort Worth would be something that both Jane and John would fully support. With its advanced medical equipment and ability to expand the capacity of complex cases, the new Jane & John Justin Patient Surgical Tower will help retain leading clinicians already practicing at the hospital as well as attract top surgeons and caregivers around the country. As the Board recognized, John always took a real interest in people and valued the personnel as truly making an organization excel.



J.T. Dickenson (left) and John Justin

“It is never about just getting their name out there,” added Dickenson. “They wanted to make a real impact on Fort Worth and surrounding communities. That’s why they gave back financially to philanthropic causes but also gave of their time and leadership. I know they would be thrilled to support this needed and significant patient surgical tower benefiting all of Fort Worth and bearing their name.”

Healing Hands

A Gift of Comfort

After losing a child, one family gives back to let other families know they aren't alone

Six years ago, Lindsey and Brian Traugher experienced what no parents ever should. After 69 days in the neonatal intensive care unit (NICU) at Texas Health Harris Methodist Hospital Fort Worth, they lost their newborn son, Jack. Every year since, the Traughers have made it their mission to reach out to other families who experience the loss of a child.

"This is a life experience no one should have to go through," explained Brian. "We want other parents to know they are not alone."

The Traughers have stayed connected to Texas Health Fort Worth in the intervening years, not only by maintaining relationships with NICU nurses and offering help to families who have gone through a similar ordeal, but also by giving back to the hospital. They participate in the hospital's annual memorial walk and held a drive to stock the NICU's book cart. Their three children have given back as well through Texas Health's Birthday Buddies program, where kids ask family and friends for donations to the NICU in lieu of birthday gifts. The family also donates boxes of tissues to the NICU.

"In every photo, from that time, our noses are so red," said Lindsey. "The hospital tissues tore our noses up. So now we



bring boxes of soft tissues every few months to the NICU with a message to wish families well."

In October 2017, the Traughers dedicated a tree in the hospital's meditation garden to all of the NICU angel parents in honor of Jack. Parents who lose a child are able to hang an ornament with their baby's name on Jack's Tree that remains throughout the year.

"Texas Health Fort Worth was Jack's only home," explained Lindsey. "We wanted to contribute something beautiful to the hospital with a memorial stone for Jack and all angel babies. At the dedication, we gave everyone flowers in a terra cotta pot with an angel symbol we created for Jack that says 'Love Never Ends.'"



"Texas Health Fort Worth was Jack's only home. We wanted to contribute something beautiful to the hospital with a memorial stone for Jack and all angel babies."

Your Gift at Work

Emergency Department Expansions

Emergency Medicine Consultants help fund expansions at both Texas Health Alliance and Azle



With populations booming around North Texas, multiple Texas Health hospitals have undertaken expansion projects to meet the demands of the communities they serve. At Texas Health Harris Methodist Hospital Alliance, patient visits to the emergency department (ED) grew from approximately 26,000 in 2013 to more than 32,000 by 2015. And at Texas Health Harris Methodist Hospital Azle, the ED accounts for over 90 percent of all hospital admissions, or approximately 65 patients per day. Neither ED was designed to accommodate this rising demand, and so often the EDs were operating at capacity and patient wait times were less than ideal.

Last year, both hospitals made plans to expand their EDs, but they needed help to fund the multi-million dollar construction. The Levis and Lace Committee decided to kickstart fundraising at Texas Health Azle by donating funds from their 2017

event—totaling \$200,000—to the project. Physicians at Emergency Medicine Consultants Ltd. (EMC) stepped in during the event to personally match dollars raised during the three-minute challenge.

In fact, each EMC physician working at Texas Health Azle and Alliance EDs made significant individual gifts to help fund construction. EMC was so committed to the project, the corporation donated to the EDs as well.

“One of the greatest challenges facing patients and clinicians is not having enough space in the ED when it is needed,” explained Dr. Ralph Baine, EMC president. “We applaud the commitment of these facilities, as well as the physicians who work there, to ensure there is adequate space for the patients we serve.”

Thanks to the generosity of EMC and its physicians, both EDs will be completed this year. In June, Texas Health Alliance

“Our ED expansion, four new trauma rooms and Level IV Trauma Center designation show our commitment to the health and well-being of the people we serve.”

opened its newly completed ED, growing from 15 to 44 beds with four trauma rooms and a post-triage waiting area. Construction will be completed at Texas Health Azle in late summer/early fall, growing from a seven-bed facility to 12 exam rooms, adding 1,064 square feet to the ED and improving the functionality of the space.

“We are growing to meet the needs of the North Fort Worth community,” said Clint Abernathy, Texas Health Alliance president. “Our ED expansion, four new trauma rooms and Level IV Trauma Center designation show our commitment to the health and well-being of the people we serve.”

Texas Health Azle President Bob Ellzey shared similar sentiments on the hospital’s commitment to improving the patient experience in the ED and meeting the needs of a growing community, but ultimately, he says, the overall goal is prevention—to reduce the need for an ED by “focusing on wellness, maintaining hospitals for emergency and complex illnesses that cannot be safely provided elsewhere.”

Health Shots

Puttin' on the Pink March 27, 2018

Puttin' on the Pink's 25th anniversary fashion luncheon drew a crowd of more than 1,000 guests to the Fort Worth Convention Center. Attendees showed their generosity through sponsorships, ticket and raffle sales, and three-minute challenge donations, raising more than \$295,000 in net proceeds for mobile health outreach at Texas Health Harris Methodist Hospital Fort Worth. Hosted by the Kupferle Health Board and co-chaired this year by Liz Fleischer and Christine Martin, with Anne Paup as honorary chair, the event provides critical mobile health services to underserved women in Fort Worth and surrounding communities. Jean Roach received this year's Doris Klabzuba Altruism Award. Guests also enjoyed a fashion show featuring Anne Fontaine, Betty Reiter, Escada, Nardos Design, Squire Shop, Tootsies, You Are Here and more.



Puttin' on the Pink: Clockwise from top: Runway models • (From left) Puttin' on the Pink 2018 Co-Chair Liz Fleischer, Honorary Chair Anne Paup, Co-Chair Christine Martin, Kupferle Health Board Chair Amy Yudiski • Altruism Award Winner Jean Roach with husband John Roach • Survivor Model Bart Hayden • Table Concierges John Zimmerman (left) and Robert Sturns

Little Black Dress Girls Night Out April 20, 2018

More than 400 ladies joined us at the fifth annual Little Black Dress Girls Night Out at the Courtyard Marriott Allen to support Texas Health Presbyterian Hospital Allen. The event raised almost \$95,000 in net proceeds to bring mobile health outreach services to the community and surrounding area. Co-chaired by Amber Nolan and Chanda Reddy, the event included table games, dinner, and live entertainment and dancing. Guests were serenaded by hospital President Jared Shelton and one lucky table enjoyed VIP treatment after winning the Queen's Chair.



Little Black Dress: Clockwise from top: 2018 Little Black Dress Committee (From left, standing) Dolly Vishwanath, Ginny Garland, Kim Raschke, Michel Ann Coleman, Suma Putcha, Amanda Konersmann, Jessica Jackson, Nicki Ryan, Mary Stiles, Jacqueline Stevens, C.J. Johnson, Devika Dandona (From left, seated) 2018 Co-Chairs, Chanda Reddy and Amber Nolan • The Queen's Table (From left, standing) Melanie Seaney Manning, Jeannie Starnes, Amanda Konersmann, Amy York (From left, seated) Katie Fares, Lori Dhurandhar, Sherry Nolan, Sharla Dressman, Mary Stiles • (From left) Wine Pull Drawing Winner Janice Weger, Chanda Reddy, Amber Nolan, Jared Shelton • (From left, standing) Kyla Slaughter, Christen Myers, Jeanna Gardner, Courtney Zorn, Jami Brookhart (From left, seated) Whitney Burkhardt, Amy Bahner, Betty Jacobs, Jennifer Lindelof • (From left, standing) Laura Rosinski, Cheryl Mena, Christie Nagy (From left, seated) Amanda Leggeri, Peyton DeLeon, Shelby Pierot

Experts in Trauma

Texas Health Dallas sets its sights on achieving Level I designation

When two Dallas police officers and a security guard were shot at a Home Depot in April, all three victims were in critical condition upon arrival at Texas Health Presbyterian Hospital Dallas. In situations like these, every minute counts. Thankfully, the officers were able to receive timely care at the hospital's trauma center, which received its Level II designation in 2017. This designation means the center is able to offer immediate and complete care for any injured patient who walks through its doors, as well as around-the-clock access to general surgeons and specialists such as orthopedists and neurosurgeons.

Now, Texas Health Dallas is in the process of earning a top designation for its trauma center, in order to become a regional resource and leader in trauma capable of providing total care for every aspect of injury, from prevention to rehabilitation. To achieve this goal, the center has to meet requirements to keep it competitive with other trauma centers across the United States. Among its current priorities, the center is building more robust research and outreach programs.

"Unless you have been a victim of trauma, it's hard to explain the importance of philanthropy to support these programs," explained Dr. Brian Tibbs, medical director of trauma services at Texas Health Dallas. "Our core goal is to focus on areas with the most need where research and outreach may not be fully funded with hospital dollars."

According to Tibbs, the injuries their trauma center see most often fall into three categories: auto accidents, elder falls, and penetrating injuries such as gunshot or stab wounds. Research to understand the best ways to treat these injuries, as well as outreach to



prevent them whenever possible, is imperative. Not only is it a necessary part of becoming a premiere center in trauma care, it also ensures that patients who need these services receive the appropriate treatments.

The hospital currently participates in several outreach initiatives, including the "Click It or Ticket" campaign to prevent auto injuries, an elder fall room designed to show seniors how to avoid common fall injuries, and the national "Stop the Bleed" campaign, which teaches the public how to handle a bleeding emergency until a health professional arrives. Philanthropy for these programs can help provide outreach coordination, fund classes to the public, and provide "Stop the Bleed" kits to law enforcement.

"We refer to trauma care as the tide that raises all ships because the protocols we developed are being modeled in other departments," said Tibbs. "The result is an increase in service lines and improved processes throughout the hospital. Trauma can happen to anyone at any time, and having a neighborhood hospital to care for you when you are very injured is reassuring."

For more information on how you can help support trauma research and outreach, please contact Vickie Ramsey with the Texas Health Resources Foundation at 214-345-8322 or VictoriaRamsey@TexasHealth.org.

Neonatal ICU Expansion

Texas Health Plano will add a new family center after earning top designation



Texas Health Presbyterian Hospital Plano is the first hospital in Collin County and Texas Health Resources to earn the state's highest designation—Level IV—for its neonatal intensive care unit. A Level IV NICU cares for infants born at all stages of pregnancy, including the most complex cases and critically ill babies. Now parents of premature babies from the communities of Plano, Frisco, Carrollton, Addison, Richardson and McKinney can get advanced care without having to travel to Dallas or elsewhere.

"Receiving a Level IV NICU designation from the state means that hospital administration, the medical staff, nursing and ancillary staff have made a commitment through the years to provide quality medical and surgical care to all newborn infants, especially those in need of specialized care," said Dr. Antonio Santiago, the NICU's medical director.

Because Texas Health Plano's NICU is the only Level IV in the county and one of only four in the Metroplex, demand for service is expected to grow. In response, the hospital is undertaking a renovation and expansion of its NICU in anticipation of these needs, with the primary focus being to add a family center with eight sleep rooms to the existing facilities.

Currently, the NICU has two rooms for families who need privacy and/or an overnight stay. Both rooms were originally designed as bereavement rooms, and do not provide the level comfort desired by families who require an extended stay. A new family center will not only help families who are visiting from out of town, but also those families with infants who spend several days or months in care, families who are transitioning home and need additional training to care for their babies, and families requiring privacy to spend time with their infants receiving end-of-life care.

The goal of this project is to improve the patient experience by offering these families the comforts of home, hotel-like conveniences and added peace of mind during their stay.

New construction will add amenities such as private, spacious rooms with furnishings to accommodate overnight stays, double occupancy rooms for families of twins, a welcome lounge with refrigerator, coffee bar and work area, washer and dryer facilities, a shared bathroom with shower, in-room televisions with free movie channels, as well as milk storage refrigerators and special sinks for bathing infants in each room. The goal of this project is to improve the patient experience by offering these families the comforts of home, hotel-like conveniences, and added peace of mind during their stay.

For more information on how you can help the NICU continue to meet the needs of those Texas Health Plano is privileged to serve, please contact Kim Raschke with the Texas Health Resources Foundation at 972-981-3674 or KimberlyRaschke@TexasHealth.org.

News Around the System



Pat Darby Hope Garden Opens at Texas Health Plano

On May 20, Texas Health Presbyterian Hospital Plano staff, donors and community supporters celebrated the opening of the newly completed Pat Darby Hope Garden with a ribbon-cutting ceremony. Guests were able to hear from hospital leadership and the Darby family, as well as participate in a butterfly release and explore the garden.

The project was launched in 2017 with a lead charitable gift from Tracy and Chuck Southard, as well as nearly 200 tribute contributions from friends and family in loving support of Pat Darby.

For many years, Pat Darby volunteered at Texas Health Plano despite a long battle with ovarian cancer. She also helped to develop programs like “Pass the Word” and “Wee Memories” to provide hope and comfort for Texas Health patients with magazines in patient areas and bereavement boxes for parents who have lost a baby.

“My mother is very inspirational to a lot of people,” said Pat’s daughter, Tracy Southard. “She instilled in her family the importance of giving back to the community.”

Solely funded through philanthropic donations, the Pat Darby Hope Garden will be a beautiful meditation garden for patients and their families, as well as employees and guests. Other top donors included Bobby and Phyllis Ray and Sue and Jim Minyard, as well as physicians such as Michael A. Deck, M.D., Alfred J. Rodriguez, M.D., Ted S. Wen, M.D., and many other medical staff and hospital employees.

Texas Health Employees Donate More than \$1 Million

Every April for the past 17 years, Texas Health Resources employees have participated in the Texas Health’s Associates campaign, an employee giving campaign that raises money for hospital programs, projects and services.

This year, more than 4,500 employees generously gave almost \$1,068,000

in financial support to Texas Health hospitals and patients. Employees were able to choose where their funds will be directed from a diverse list of funding initiatives at each hospital and systemwide opportunities, including nursing scholarships, indigent pharmacy funds, mobile health outreach, cancer support and many more.

Since the campaign’s inception, more than \$14 million has been raised for new facilities, technology and continuing education – providing patients in our hospitals with advanced, quality health care and our own employees with career advancement and opportunities through scholarship grants.

Fitness Zone Opens at Kaufman Sports Complex

On June 14, Kaufman Sports Complex officially opened its fitness center with a ribbon-cutting ceremony. Kaufman High School football players led athletic demonstrations, and attendees also participated in tours of the new fitness zone and enjoyed a lunch following the ribbon-cutting.

The purpose of the project is to encourage fitness in the community by making it more accessible to Kaufman residents, thereby furthering Texas Health Presbyterian Hospital

Kaufman's initiative to improve cardiovascular health and wellness in Kaufman.

City of Kaufman Mayor Jeff Jordan offered some brief remarks about the new facility, as did Texas Health Kaufman President Patsy Youngs and 2017/2018 Black Tie Ball Co-Chair Mike Slye. The Fitness Zone is made possible thanks to the generosity of Black Tie Ball supporters, C&S Concrete and The City of Kaufman.



Texas Health Releases Sixth Annual Community Responsibility and Sustainability Report

Texas Health is one of the few faith-based, nonprofit health systems in the nation to provide an overview of our organizational sustainability and social responsibility programs and initiatives. The newest *Community Responsibility and Sustainability Report* gives an overview of progress made in 2017 to improve organizational and fiscal sustainability. The report looks at programs implemented to enhance Texas Health's workplace, minimize its impact on the environment, and help it provide safe care in North Texas.

Some of the strategies Texas Health implemented last year that are covered in the report include: investing \$14 million in facility improvements; deploying 63 energy efficiency projects; providing nearly \$2.3 million a day in charity care and community benefit; and awarding \$2 million in grants and sponsorships to nonprofits addressing community needs. You can find the report online at TexasHealth.org/Responsibility.

'DFW Great 100 Nurse' List Includes 34 from Texas Health

This year, 34 Texas Health Resources nurses were recognized on the "DFW Great 100 Nurses" list. This is the highest total for any hospital or health system in North Texas.

"Every day patients and their families across North Texas benefit from the compassionate care, evidence-based practice and dedication of our nursing team," said Joan Clark, D.N.P., R.N., NEA-BC, CENP, FACHE, FAAN, executive vice president and chief nurse executive at Texas Health. "I'm thrilled so many of Texas Health's star nurses are recognized for their work in setting the standard of excellence in our profession."

The DFW Great 100 Nurses Inc. sponsors the "DFW Great 100 Nurses" list annually to recognize registered nurses in the area who exemplify excellence in the art and science of nursing. The award is unique in that honorees do not have to belong to a particular professional organization or practice in a particular clinical specialty to be recognized. Any registered nurse whose place of employment is within the DFW Metroplex or surrounding counties may be nominated by peers. "DFW Great 100 Nurses" are ultimately selected by a peer committee, who reviews the blinded nominations.

Honorees were recognized at the DFW Great 100 Nurses Celebration on April 18 in Dallas at the Morton H. Meyerson Symphony Center. Since 1997, nearly 600 Texas Health nurses have earned "Great 100" recognition. Read about this year's honorees here: TexasHealth.org/Nursing-Careers/About-Us/Great-100-Nurses/.

Charitable Gift Planning

A Family-First Approach to Charitable Giving

Remember us in your will or living trust

In addition to passing assets to loved ones, your will or living trust can also be used to define your legacy through support of Texas Health Resources Foundation. When you remember us through a gift in your estate plans, you join a special group of people who have made some of our most important advances possible.

Advantages

- *Simplicity.* As little as one sentence in your will or living trust is all that is needed to complete your gift.
- *Flexibility.* Until your will or trust goes into effect, you are free to alter your plans.
- *Versatility.* You can give a specific item, an amount of money, a gift contingent upon certain events or a percentage of your estate.

How a Gift in Your Will Works

Your estate planning attorney can help you structure a gift so your loved ones will be taken care of first after you're gone. He or she will include our sample language in a will or living trust you create, or add it to existing documents through an amendment called a codicil. A popular option is to leave a percentage of what is left of your estate after other beneficiaries have received their share so your gift will remain proportionate to the size of your estate, no matter how it fluctuates.

For more information on how you can help Texas Health Resources Foundation, please contact LesleyAtkinson@TexasHealth.org or 682-236-5238.



A Gift in Your Estate Plan Is Right for You If:

- You want the opportunity to guide decisions about the future ownership of your possessions and the legacy you leave behind.
- You have a will or living trust or are ready to create one.
- You want to make sure your support of Texas Health Resources Foundation is still available after your lifetime.
- You want to balance your generosity to us with an assurance that loved ones are taken care of first.
- You want to maintain the flexibility to change your mind about your gift at any time.

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The information in this publication is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for hypothetical purposes only and are subject to change. References to estate and income taxes include federal taxes only. State income/estate taxes or state law may impact your results.

Save the Date

Mark your calendars for the remainder of the Texas Health Resources Foundation's 2018 events, raising funds for Texas Health's family of hospitals.

Oct. 8

27th Annual
Golf Tournament



Dec. 8

Breakfast with
St. NICUlas



For more information on these events or to purchase tickets, visit TexasHealth.org/Foundation-Events

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Scan here with your smartphone's
Quick Response (QR) reader to find
out more about the Foundation or
to make a gift.

Your Gift Matters!

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**NORTH TEXAS
GIVING
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COMMUNITIES
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Our impact is greater when we give together.

Plan to donate to Texas Health Resources Foundation
on September 20, 2018 from 6 a.m. to midnight and help
make the difference for your North Texas neighbors.