

# InTouch

WINTER 2024



TEXAS HEALTH RESOURCES FOUNDATION



**COMMITTED TO IMPROVING WOMEN'S HEALTH**  
Meeting the health needs for women in North Texas

## LEGACY GIFTS

Learn more about how you can help.

## IT'S TEE TIME!

The annual golf tournament was a huge success!

## A SPECIAL DEDICATION

One family's gift will impact others for years to come.



# DEAR FRIENDS



We were pleased to have Luke Wilson join us at the 2024 Donor Appreciation Dinner.

At the heart of giving is the belief that you will make a difference in someone's life. This sentiment was beautifully echoed at this year's Donor Appreciation Dinner, where we had the pleasure of hearing from Luke Wilson, star of "You Gotta Believe," an inspirational true story about an underdog Little League team from Fort Worth who overcame incredible odds to go to the Little League World Series. Joining us was Robert Ratliff, co-founder of the "You Gotta Believe" Foundation and son of the celebrated coach battling cancer in the movie.

The message, "you gotta believe," resonated deeply with me. As a health system, we witness patients bravely facing unexpected health challenges and triumphing against the odds with a dedicated team of caregivers supporting them. As a donor, your belief in the power of giving galvanizes our Mission. Your generosity enables us to align your gifts with the causes you care about most, ensuring that your contributions make a meaningful impact on the lives of those we serve.

In this issue of In Touch, you will find stories about the causes you support, such as the vital programs advancing women's health. Each gift you make is a testament to your belief in the impact we can achieve together. We must continue to believe, for those who depend on our help believe in us.

Thank you for your unwavering support. I wish you and your loved ones a joyous holiday season and many blessings in the New Year!

**Laura McWhorter**  
President, Texas Health Resources Foundation

P.S. Don't miss the special commemorative insert featuring our Donor Appreciation Dinner enclosed in this magazine! Also, you may have noticed a new look when you received this issue. I hope you enjoy what you see!

# Table of CONTENTS

04

**TEXAS HEALTH IS COMMITTED TO IMPROVING WOMEN'S HEALTH.**

Read about the women's health projects and programs underway across Texas Health.



**TEE TIME FOR A CAUSE**

It was a beautiful day for the 33rd Annual Golf Tournament benefitting the Bernard C. Alger Cancer Fund.

12

---

**FEATURES:**

03 **HEARD AROUND THE SYSTEM**

08 **LEGACY GIVING**

10 **DONOR SPOTLIGHT:**  
Three generations join to make a difference for NICU families.

11 **COMMITMENT TO CULTURE:** Texas Health recognized for making a difference in the community.

14 **NEWS BRIEFS**

---

**ON THE COVER:**

Kristen Perello and other loyal supporters "painted" the bus pink in honor and tribute of cancer patients. Kristen honored Lisa Smentek, her high school drill team coach at Cooper High School in Abilene, Texas.

**Cover photo:** Eddie Marak

**Enclosed:** We had a wonderful time at the 2024 Donor Appreciation Dinner which honored our Giving Society donors. See the enclosed for highlights from the event.





# MAKE A DIFFERENCE

through the Texas Health

# 365 FUND

Your gift to the 365 Fund makes a difference where it's needed the most.

This Fund is available around the clock, 365 days a year, to help fill the gaps to support programs that enhance patient care, advance technology, provide staff training, modernize facilities, or expand community initiatives.

Each gift made to the Texas Health Resources Foundation directly supports the needs of the community and our hospitals.

**HEALTH BEGINS TOGETHER.**





**In Touch is published  
by the Texas Health  
Resources Foundation.**

#### EDITOR/WRITER

Peggy Davidson

#### WRITERS

Sarah Hopkins

Diane Smith-Pinckney

Lisa Bower

Brenda Rodriguez

#### DESIGN

Sally Martin

#### PHOTOGRAPHERS

Jill Johnson

Eddie Marak

Bruce Maxwell

Leo Wesson

#### PRINTER

Color Mark Printing

#### TEXAS HEALTH RESOURCES FOUNDATION BOARD OF TRUSTEES

Keith Braley, Chair

Mark Gunnin, Vice Chair

Lynne Moffet, Immediate Past Chair

Michael Appleman

Olaide Ajayi, M.D.

Barclay Berdan

Karen Cramer

Patricia De Leon

Linda Dipert

Lina Komanduri

Michelle Morgan

Jane Nokleberg, M.D.

Fred William Patterson, Jr.

Steve Sneed, Ph.D.

Dimple Sureka, M.D.

“

*I want to take this opportunity to express my gratitude for the excellent care given to my sister during her Laparoscopic Cholecystectomy. Everyone from preadmission to discharge were absolutely amazing. Everyone interacted with us to address our concerns, answer questions, and assist my sister with her needs. The entire team showered us with personal interest and acknowledged our feelings.*

– Texas Health Harris Methodist Hospital,  
Hurst-Eules-Bedford patient

“

*My mother was taken by ambulance to Texas Health Southwest. The ED nurse was amazing. He was so compassionate and caring. He had a sense of humor that made us smile despite it being a scary situation. He listened and showed empathy. His kind words were as important as his clinical skills.*

– Texas Health Harris Methodist Hospital,  
Southwest Fort Worth patient



“

*I wanted to post how wonderful every doctor, nurse, lab tech, recovery room person, and manager of nurses treated me. First-rate care from the moment I arrived until the moment I was wheeled to my ride. They were knowledgeable, kind, professionals with patient, caring attitudes.*

– Texas Health Presbyterian Hospital,  
Plano patient

## LET'S GET SOCIAL!

Follow Texas Health Resources Foundation on Facebook, Instagram, and LinkedIn to see how your support makes an impact on our community!



We work hard to keep our mailing list correct. We regret that occasional errors or duplications may occur. If that happens, please contact the Foundation at 682-236-5200.



TEXAS HEALTH RESOURCES

# Committed to IMPROVING WOMEN'S HEALTH



Innovation is at the forefront of Texas Health's commitment to improving women's health. This commitment has been strengthened by the generosity of neighbors who assist in building and sustaining important patient care and community initiatives in North Texas.

**READ ABOUT SOME OF THEM HERE!**

## WOMEN'S HEART HEALTH

**MAKING A DIFFERENCE IN**

According to the Office on Women's Health, heart disease is the leading cause of death in women in the U.S. The Women's Heart Health Lab, a part of the Institute for Exercise and Environmental Medicine (IEEM) at Texas Health Presbyterian Hospital Dallas, is working hard to change that.

The Women's Heart Health Lab's goal is to understand the mechanisms for heart disease in women across their lifespan and seek effective therapies to treat these conditions. And now, thanks to a \$2 million gift from the Harry S. Moss Heart Trust, the lab can continue and expand its critical research on women's heart health.

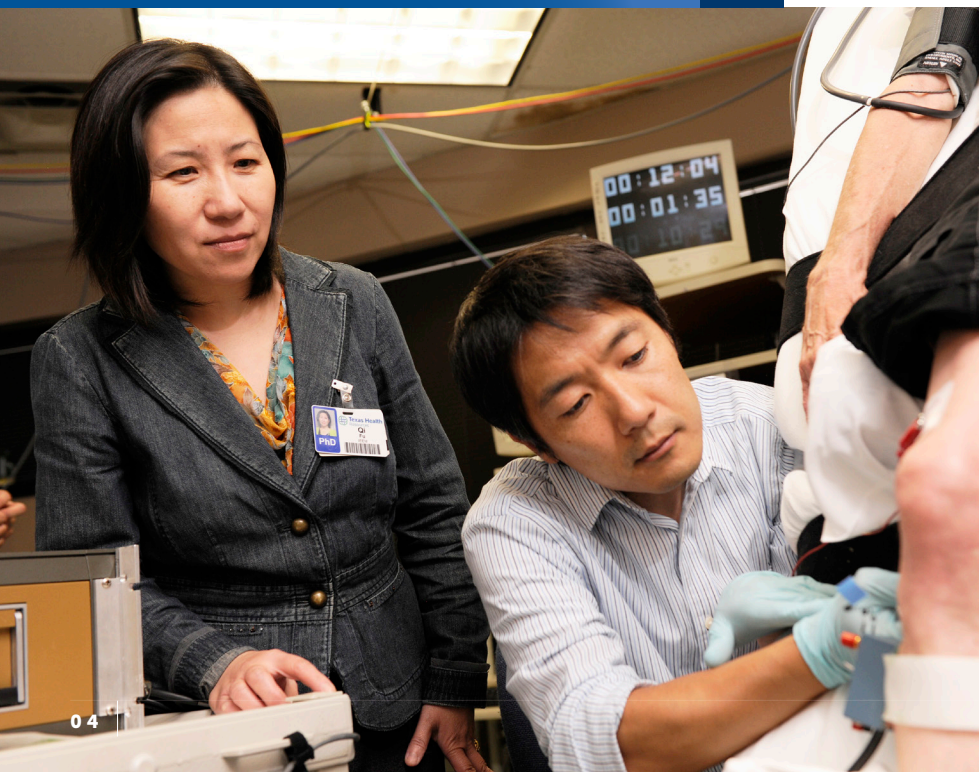
The Harry S. Moss Heart Trust has generously supported IEEM for decades, including several studies through the Women's Heart Health Lab. "Now, with this endowment, this lab will be strongly positioned to fill gaps in knowledge and advance findings more quickly, translating into exponential contributions to the medical field, and ultimately, patient care," said lab director Qi Fu, M.D., Ph.D.

To learn more about how you can support the Women's Heart Health Lab at IEEM, please contact Jane Costello at [JaneCostello@TexasHealth.org](mailto:JaneCostello@TexasHealth.org).

“

*The Harry S. Moss Heart Trust endowment will provide flexible funding for novel research for years to come. With this dependable supply of funding, we can move closer to the goal of impacting clinical practice and reducing heart disparities in women.*

—Dr. Benjamin Levine,  
IEEM Director







**With the new milk bank, Texas Health is hoping to ease the burden for our NICU families.**

HELPING

## Moms & Babies

Now, thanks to donors like Once Upon a Time, the Dubose Family Foundation, the Frill Foundation, and others, a stay in the Neonatal Intensive Care Unit (NICU) will become a little easier for babies and their families in the Fort Worth area.

Texas Health Harris Methodist Hospital Fort Worth is adding an onsite milk bank – the first of its kind for Texas Health. The Texas Health Fort Worth NICU cares for more than 600 babies every year.

Whether a NICU stay lasts hours or stretches on for months, having a baby in the NICU is an emotional and overwhelming experience. With the new milk bank, Texas Health is hoping to ease the burden for our NICU families.

Currently, families must take time away from their infants to check in their milk, which is a lengthy process and can be fraught with challenges for parents whose first language is not English or Spanish. Knowing that our NICU families' first concern is spending time with their babies, the milk bank will streamline the process for banking milk and get them to their baby's side more quickly.

Not only will the milk bank streamline the process for families, it will help the staff too, allowing more of their time to be spent caring for the precious little ones and helping the families learn to care for their newborns.

For families with babies in the NICU, centralized human milk banking and preparation is considered best practice by the American Academy of Pediatrics and the World Health Organization, and it is essential to providing quality care to infants. Now, providing the nourishment babies need will become more efficient for families and our care team.



**To support NICU families at Texas Health Fort Worth, please scan the QR code.**





# Breaking BARRIERS TO CARE

This fall, donors and other friends came together to Paint the Bus Pink in support of the Texas Health Wellness for Life® Mobile Health program.

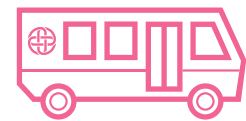


In 2023, Texas Health's Wellness for Life® Mobile Health Program provided mammograms to

**3,023 WOMEN**

leading to the diagnosis of breast cancer in.

**13 WOMEN**



For every \$25 donation, a pink tribute was placed on a mobile health unit in honor of those who have battled cancer. Then, on October 10, supporters gathered at The Shops at Clearfork in Fort Worth for a special reveal of the pink covered bus, a symbol of hope and healing for women and men across North Texas. Special thanks to Radiology Associates of North Texas who donated on behalf of each of their 88 employees! In all, more than 290 men and women were honored or memorialized on the mobile unit by their loved ones. And, as a special part of the celebration, Kendra Scott and Evereve donated a percentage of the proceeds from sales that day to the Wellness for Life program.

Texas Health's Wellness for Life Mobile Health program brings services including mammograms, pap smears, prostate exams, well woman and well male exams, and colon cancer screening kits into communities via

specialty equipped mobile health vehicles.

"Two years ago, I walked as a Survivor Model at the Puttin' on the Pink Fashion Luncheon which supports the Wellness for Life program. That's when I started learning about the mobile health units and programs," said Kristen Perello. "Now I'm proud to be co-chair of the 2025 Puttin' on the Pink Luncheon. It's so amazing to be able to offer these services to the underserved community in North Texas."

Though the celebration is over, you can still make a gift to support the Wellness for Life Mobile Health program!



To help the women in our communities, please scan the QR code!





# FOCUSING ON WOMEN'S HEALTH AT TEXAS HEALTH ALLEN

Since Texas Health Presbyterian Hospital Allen opened its doors in 2000, its vision has been to bring essential healthcare to the people of Allen, including the underserved neighbors in this community. The Breast Center at Texas Health Allen has played a powerful role in bringing that vision to life.

The Breast Center, led by Medical Director Dr. Radha Iyengar, is a well-known resource in the Allen community. Because Dr. Iyengar is onsite, the Breast Center provides an unmatched level of coordination between the Breast Center staff, the breast radiologist, and the surgeons on the medical team. This equates to a seamless experience for patients, which is especially important when they are facing a frightening diagnosis and difficult journey forward.

Since 2022, the Breast Center has performed more than 51,000 exams and procedures. Through a special fund made possible by organizations like First Horizon Bank and donors from events including the Little Black Dress, the Starlight Gala, and the Power of Pink program, the Breast Center offers important screenings and care to people in the area who are struggling to afford them.

A donation of \$175 covers the cost of one mammogram for a woman in need, but gifts of any size help the Texas Health Allen Breast Center serve all members of this great community.

[Scan the QR code to help today.](#)



# FAQ

## LEGACY Giving

### Together, We're Building a Healthier Future for Generations to Come

At Texas Health, our Mission is to improve the health of people in the communities we serve now and into the future. We are deeply grateful for our Farrington-Thompson Society donors, whose vision and generosity have led them to support the Texas Health Resources Foundation through estate plan gifts or the creation of endowments.

Below we've compiled some of the most frequently asked questions about legacy giving to help you understand how you can make a lasting impact.

#### What is a legacy gift?

A legacy gift is a donation you arrange now that a charity will use in the future. These gifts are often an extension of your giving to Texas Health over your lifetime and are designed to ensure that the healthcare needs for those in the North Texas community are met for years to come. Examples include gifts in wills and trusts, beneficiary designations on life insurance policies, retirement plans, bank and brokerage accounts or real estate, charitable trusts and gift annuities, and endowments.

#### Why should I make a legacy gift?

Legacy gifts reflect what you value most. By making a legacy gift to the Texas Health Resources Foundation, you demonstrate your commitment to healthy communities and share in our promise to be "individuals taking care of individuals together." Legacy gifts can also offer significant tax benefits like reducing or eliminating long-term capital gains and federal estate taxes, or providing immediate income tax deductions or even increased income.

#### How do I make a legacy gift to Texas Health Resources Foundation?

It's simple. Call or email the Foundation's Director of Legacy & Gift Planning, Wendy Gilbert at (972)890-7062 or [wendygilbert@texashealth.org](mailto:wendygilbert@texashealth.org). She would be delighted to answer any questions you have and provide you and your advisers with the information necessary to update your plans.

#### Who can make a legacy gift?

Legacy gifts allow anyone to be a philanthropist. Every year, donations both big and small enable Texas Health to continue supporting our community with programs that feed the hungry, provide mental health support to teens, offer free cancer screenings, and help us invest in the best medical treatments. As the needs grow each year, we aim to grow with it.

#### What is the most popular legacy gift?

The most popular legacy gifts are bequests in wills and trusts. You can leave a specific amount to the Texas Health Resources Foundation or a percentage of your estate. You can even specify what hospital, department, or community program you want your gift to support. Additionally, beneficiary designations, especially on retirement plans, are becoming increasingly popular due their tax advantages and the ease of which they can be updated.

By considering a legacy gift, you can help ensure that future generations have access to the healthcare they need.

**TOGETHER, we can inspire a healthier, brighter future for all.**



Charles and Linda Raflowitz

Texas Health is grateful to Farrington-Thompson Society donors Charles and Linda Raflowitz. Described as a "former service member, a bit of a finance whiz, and avid coin collector," Charles remembered Texas Health Presbyterian Hospital Kaufman in his will. He generously supported the hospital's 365 Fund. Texas Health Kaufman president Toya White and her team are grateful to Mr. Raflowitz for his foresight and generosity.



# WAYS TO GIVE



Donate by credit card. Click "Donate Now" at <https://www.texashealth.org/Foundation>



Donate by check. Payable to: **Texas Health Resources Foundation** Include your gift's designation in the memo. Mail to the address in white print below.



Donate long-term, appreciated securities. Avoid capital gains tax! Email [wendygilbert@texashealth.org](mailto:wendygilbert@texashealth.org) for instructions.



Include a bequest in a will or trust. Or name the Texas Health Resources Foundation as beneficiary to a life insurance policy, or brokerage or retirement account. Email [wendygilbert@texashealth.org](mailto:wendygilbert@texashealth.org) for more details.



Beginning at **age 70.5**, gift IRA Qualified Charitable Distributions (QCDs) tax-free! At **age 73**, QCDs can start qualifying as part, or all, of your annual RMD. Maximum annual gift size is **\$105,000**. Provide your advisor the info in white print below. Be sure to include your gift's designation.



Make a grant from a Donor Advised Fund (DAF) held at a local community foundation or financial services provider. Provide your advisor the info in white print below. Be sure to include your gift's designation.



Consider a Charitable Gift Annuity (CGA). Make a gift to the Texas Health Resources Foundation and in return receive a fixed payment each year for life. The balance will be used to support your preferred designation. Payout rates are the highest they've been in years! Email [wendygilbert@texashealth.org](mailto:wendygilbert@texashealth.org) for more details.



Additional resources and other ways to give can be found at: <https://texashealth.planmygift.org>. This information is not intended as legal or tax advice. Please consult an attorney or tax advisor prior to making your gift.



Texas Health Resources Foundation  
612 E. Lamar, Blvd., Suite 300  
Arlington, TX 76011-4121  
TAX ID: 75-2022128



Questions?  
Call Wendy Gilbert, Director  
of Legacy & Gift Planning at  
(972)890-7062

# FROM ONE FAMILY to Another

Annie Schwanke always knew she was going to be a nurse. Nursing was passed down in her family from her maternal grandmother, a nurse in World War II. Now, Annie is a NICU nurse at Texas Health Harris Methodist Hospital Fort Worth – her first position after graduating. It didn't take long for Annie and her family to make a big impact on Texas Health and its tiniest patients.

As part of her training at Texas Health, Annie worked with a respiratory therapist and noted that the hospital could benefit from a transport isolette with updated technology. Coincidentally, Annie's dad, Doug Schwanke, is a software engineer at a company that designs and manufacturers transport isolettes right here in Texas.

Annie didn't wait; she called her dad on her way home from that shift. Doug was excited about helping and talked to his employer. Soon, they had specs and a cost for the transport isolette, but needed to find a way to pay for it. That's when Annie called her paternal grandmother, Lorretta Magnuson, who agreed to fund the isolette.

Doug's commitment to helping tiny babies and their families led Annie and her grandmother to dedicate the isolette to Doug, waiting for the day of unveiling to tell him. So it was quite a surprise when Doug, along with his wife and Annie's mother, Cathy, came to the hospital to see the new isolette.

"My dad has always been a very generous guy and will do anything for a good cause," said Annie. "I'm so excited that we get to share this bond of saving babies together."



*When they were building it my dad would send me updates every day! He was so excited to be working on this beautiful gift.*

–Annie

Doug, Cathy, and Annie Schwanke





# TEXAS HEALTH ACHIEVES TOP AWARDS



Texas Health strives to improve the health of the community by creating a supportive culture for our community and employees. We are proud to be recognized for those efforts, but more important to Texas Health is the lives we are changing inside and outside of our hospital walls.



### Community Leadership Award

Texas Health recently earned the Community Leadership Award from Austin Street Center, a homeless shelter in Dallas, for our partnership on the Health to Home medical respite program. Medical respite offers clinical oversight and a safe place for recuperation to adults experiencing homelessness who, upon discharge from a hospital setting, are at higher risk of poor recovery and health outcomes due to living on the streets.



The ultimate goal of the medical respite program is to find housing solutions for adults experiencing homelessness with complex medical and behavioral health needs. Health to Home is funded entirely through donations to Texas Health.

### Fortune's Best Workplaces Award

Texas Health Resources has placed No. 3 on Fortune's Best Workplaces in Texas, and No. 1 on the 2024 Fortune Best Workplaces in Health Care™ List. It is the ninth year the organization tops the nationwide ranking.



### North Texas Commission's 2024 Social Impact Award

Texas Health Resources has earned the North Texas Commission's 2024 Social Impact Award for helping foster healthier communities across the region. In 2023, Texas Health provided \$1.129 billion in charity care and community benefit. Funding helped address critical health needs such as the prevention and management of chronic diseases, the improvement of healthcare literacy, and the navigation and enhancement of behavioral health.

The Social Impact Award honors the many programs that fall under the newly branded Texas Community Hope umbrella which focuses on six areas: Community Health & Well-Being, Healthy Food Access, Emotional, Social & Spiritual Support, Community Collaboration, Public Policy & Advocacy, and Employee Community Engagement.

The recognition also highlights Texas Health's significant financial and social investments in providing resources to meet the needs of communities across the 16-county region.



### Newsweek's Greatest Workplaces Award

Texas Health is one of America's Greatest Workplaces for 2024 earning five stars — the highest rating presented by Newsweek and the data firm Plant-A Insights Group for organizations with 5,000-plus employees. This honor highlights companies that are building strong work environments for employees, including women, LGBTQ+, veterans and people beginning their careers, according to Newsweek.

# for a cause



## TEE TIME

Is there anything better than a perfect fall day on a beautiful golf course in Texas?

Only when that day is dedicated to raising money for a great cause!



**T**hat was the case for the 33rd Annual Texas Health Resources Foundation Golf Tournament at the Texas Star Golf Course in Euless, Texas. This important event benefits the Bernard C. Alger Cancer Fund, which provides cancer education, outreach, and support.

We are proud to say that this year was the most successful golf tournament ever, raising more than \$180,000, bringing the total raised by the golf tournament to \$2.9 million over the past 33 years.

Congratulations to the winner of the coveted Roper Cup – the Angiel Electric team featuring Zach Atkinson, Landry Atkinson, Harrison Harper, and Greg Harper!

We are so grateful to our Presenting Sponsor, Balfour Beatty, and all of our sponsors for their ongoing support of this important tradition.

**Mark your calendar for next year's tournament on October 13 at the Bear Creek Golf Club!**

**SEE YOU THERE!**





Our friends from KPost Roofing and Waterproofing: Gunner Luleff, Nick Post, Doug Helixon, Kelly Linden



We couldn't have this tournament without the generous support of our sponsors!



Members of the Roper family on the course, from left: Jeff Collins, Becca Roper Collins, Heath Smith, Brand Furnish



From left: Joey Sudomir, Dirk Pitman, Ethan Scott, David Jackson.



We are so grateful to the Roper family for their support of the golf tournament. From left: Jeff Collins, Becca Roper Collins, Katie Elliott, Marta Roper, Jackson Elliott, Julie Elliott.



It was a good day for our supporters from Blaiés & Hightower with team members Grant Blaiés, Jerry Crenshaw, Zach Sams, and Bryan Liles.



Team Angiel Electrical Corporation, winners of the Roper Cup! From left: Greg Harper, Landry Atkinson, Zach Atkinson, Harrison Harper.





THANK YOU!



Atmos Energy continues to join Texas Health in supporting safe, healthy, and thriving communities. Through their generous gifts and volunteerism, Atmos Energy and Texas Health are making a difference for thousands of students and their families across Tarrant, Dallas, Denton, Kaufman, and Collin counties.

One of the programs Atmos Energy supports is the Learning Gardens program, which can enhance academic performance, promote physical and emotional well-being, and foster a deeper connection to the environment. Atmos Energy also supports Texas Health's literacy projects. Over the past two years more than 5,000 students across 10 school campuses have reaped the benefits of Atmos Energy's generosity.

Over the past two years **more than 5,000 students across 10 school campuses** have reaped the benefits of Atmos Energy's generosity.



## Texas Health Is Coming To FORNEY

Texas Health Resources is expanding services in Kaufman County, including building a new full-service hospital and on-campus medical office in Forney. The new hospital, to be built on 50 acres located along Highway 80, will be the first full-service acute care hospital in the city of Forney and will be designed for additional expansion for future needs.





JANE



LACHLAN



## MEET OUR LATEST BIRTHDAY BUDDIES

Our featured Birthday Buddies come from Texas Health Dallas! We celebrated Gasper earlier this year, followed by Jane and Lachlan. Although Lachlan did not spend time in the NICU, his mom, Cristin, shared that her family was inspired by a friend whose child was in the NICU.

GASPER



*"Our family couldn't think of a more special gift for Lachlan to receive than the gift of helping other little ones in need and their families through the Birthday Buddies program."*



To learn more, please go to [TexasHealth.org/BirthdayBuddies](https://TexasHealth.org/BirthdayBuddies).

“

*To better meet the community's increasing needs, we are excited to offer more services and access points throughout Kaufman County, including constructing the first hospital in Forney. With deep roots in the community, including a hospital in Kaufman that has served this community for more than 40 years, we are excited to bring additional healthcare for Kaufman County residents.*

—Barclay Berdan, FACHE, CEO of Texas Health

TEXAS HEALTH PLANO

# WELCOMES

## Internal Medicine Residents

In July, Texas Health Presbyterian Hospital Plano welcomed its first internal medicine residents as part of the expanding Texas Health Graduate Medical Education (GME) program. It is the fourth hospital in the system to host a GME program.

“We are excited to help develop the next generation of physicians,” said Shelly Monks, chief academic officer for Texas Health. “By adding an internal medicine residency at Texas Health Plano to the Texas Health Graduate Medical Education (GME) portfolio we are addressing the need for high-quality, well-trained physicians in a primary care specialty, which is a priority for Texas as well as the United States.”

TEN RESIDENTS joined in July, and an additional 10 will come onboard in both 2025 and 2026.



## TEXAS HEALTH SOUTHWEST

# Adds New CATH LAB

The addition of a third catheterization lab at Texas Health Harris Methodist Hospital Southwest Fort Worth will help provide increased services for our patients in need.

The campus recently completed an electrophysiology (EP) and cardiac catheterization expansion and renovation project, which helps Texas Health serve more patients diagnosed with heart conditions or blood vessel problems.

Nationwide, the demand for cardiovascular services has been growing, in part due to the aging Baby Boomer generation (those born between 1946 and 1964), according to the American College of Cardiology.

For so many in our community, cardiac catheterization is a life-saving medical procedure used to diagnose and treat blockages in a patient’s artery that can lead to a heart attack. Other medical procedures performed in a catheterization lab include pacemaker implantation and evaluation and treatment for blocked arteries in the heart, legs, kidneys and other circulation with an angiogram, balloon angioplasty, and stenting.

“

*Our Mission is to improve the health of the people in the communities we serve. Our hospital campus is growing to meet medical needs in our region.*

—Ajith Pai, PharmD, FACHE,  
President, Texas Health Southwest



# NAMED ROBOTIC CENTER OF EXCELLENCE

The Women's Robotic Surgery program at Texas Health Presbyterian Hospital Dallas was recently awarded a prestigious accreditation as a Center of Excellence in Robotic Surgery by the Surgical Review Center (SRC). The SRC, a patient safety organization, provides accreditations for surgical facilities and medical professionals worldwide.

Rachael Haverland, M.D., an OB-GYN on the medical staff at Texas Health Dallas, said, "Robotic surgery has revolutionized women's health. These advanced procedures are performed using state-of-the-art robotic technology, improving surgical outcomes and offering shorter hospital stays and recovery times for our patients."

Sydney Booth, a 36-year-old hairstylist from Carrollton, is one of the many women who has benefited from robotic surgery. Sydney has been profoundly impacted by endometriosis. "It was significantly affecting my quality of life," she shared. "It was even affecting my business. The pain was so severe that I was canceling and needing to reschedule hair appointments."

Texas Health Dallas is one of the first health systems in the world to acquire the new da Vinci 5 surgical system, for robotic-assisted surgery.

In June, Dr. Haverland completed an endometriosis resection and hysterectomy as part of Booth's treatment.

“

*I like to say Dr. Haverland gave hope back to the hopeless. I never thought I would be able to enjoy work and my personal life again without the constant pain.*

—Sydney Booth



Sydney Booth and Rachael Haverland, M.D.



Scan here with your smartphone's camera to find out more about the Foundation or to make a gift.

# NORTH TEXAS GIVING DAY

COMMUNITIES FOUNDATION of TEXAS

SPONSORED BY 

## 2024 WAS A SUCCESS!

The Foundation has participated in North Texas Giving day for the past 10 years, raising more than \$6.2 million in support of programs and projects inside our hospitals and out in the community.

***This year, we had a record-breaking year, raising more than \$1.1M from 467 donors on North Texas Giving Day.***

Funds will allow more high school graduates to enter our apprenticeship programs, more underserved men and women will have access to no cost preventative screenings, our neighbors will have access to healthy foods regardless of their Zip code, and students can receive mental health support.

Thanks to our generous donors on North Texas Giving Day and throughout the year, we can continue advancing our Mission to improve the health of the people in the communities we serve.